
AI Is Transforming Work— Are You Ready?

From Stats to Solutions: Preparing Your Workplace for AI

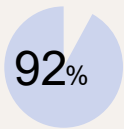
AI isn't just changing how we work, it's rewriting the rules of the workplace itself. As artificial intelligence moves from simple tools to strategic collaborators, organizations are racing to unlock new levels of productivity, creativity, and efficiency. But this rapid transformation brings new pressures: employees must adapt quickly, leaders face tough decisions about redesigning spaces,

and the very nature of teamwork is evolving. 92% of Fortune 500 companies already use generative AI, and 78% of leaders plan to redesign offices within 3–5 years to integrate it. With adoption rates soaring and new challenges emerging, the workplace must evolve to support both human and digital strengths.



6 Things to Know about AI and Work

Adoption Is Everywhere



of Fortune 500 companies already use generative AI.

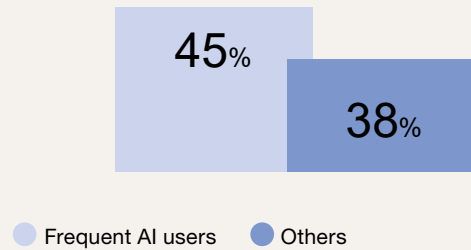


of facility and real estate leaders plan to redesign offices within 3-5 years to integrate AI.

Sources: Reuters, 2024; Steelcase Research, 2025

Burnout is Rising

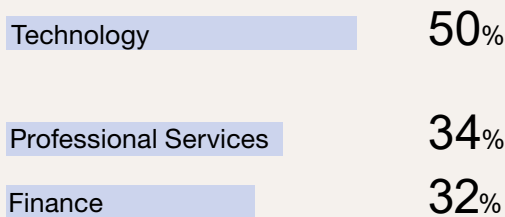
Frequent AI users report burnout.



Source: Quantum Workplace, 2024

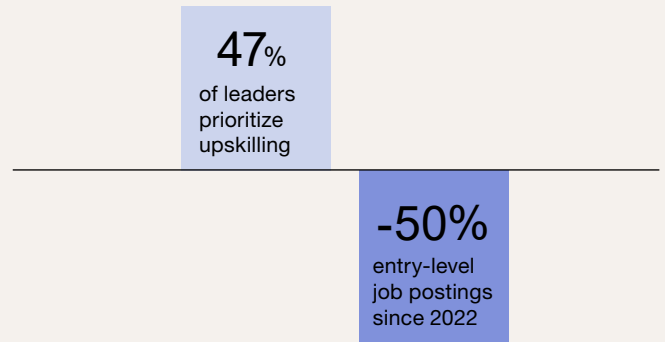
Tech Leads the Way

Frequent AI Users by Industry:



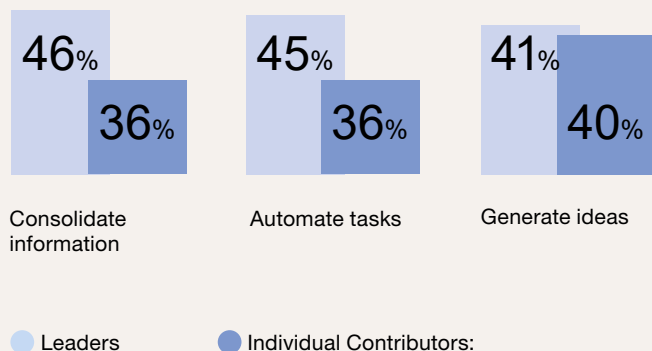
Source: Gallup 2025

Talent & Skills Shift



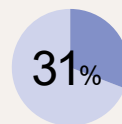
Sources: Microsoft Work Trend Index, 2025; Reviolabs, July 2025

AI Drives Efficiency and Innovation

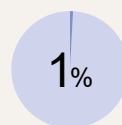


Source: Gallup 2024

Expectations Are High, Maturity is Low



of C-suite leaders expect AI to boost revenue by more than 10% in the next three years.



Yet only 1% of C-suite leaders describe their generative AI rollouts as mature.

Source: McKinsey, January 2025

5 Tips to Create AI-Ready Workplaces

Make Time Count

Issue: AI automates unwanted tasks, saving employees up to 53–105 minutes per day. But without guidance, much of this time is spent on more admin work instead of higher-value activities.

Solution: Design workspaces that encourage collaboration, creativity, and continuous learning—helping people reinvest their time in innovation and skill development.



Build New Skills

Issue: 47% of leaders prioritize upskilling, and entry-level roles are down 50% since 2022. Organizations need to manage teams with varying levels of AI literacy.

Solution: Create diverse workspaces that support both expert talent and ongoing learning, with zones for privacy, collaboration, and digital training.



Collaborate Smarter

Issue: AI enables more asynchronous teamwork and self-forming project teams, but in-person collaboration remains vital for trust and fast problem-solving.

Solution: Integrate technology to support both deep focus and spontaneous interaction, ensuring spaces are equipped for hybrid collaboration and digitally connected teamwork.



Prioritize Wellbeing

Issue: Frequent AI users report higher burnout (45%) compared to others (38%), as expectations rise and screen time increases.

Solution: Provide wellbeing spaces and areas for social connection, allowing employees to recharge and reconnect away from their screens.

Build Community

Issue: As AI and digital tools reshape work, people risk losing the connections that drive wellbeing, engagement, and business success. Workplaces that neglect community face lower productivity, higher turnover, and less innovation.

Solution: Using Community-Based Design*, build vibrant workplace communities by creating spaces that foster relationships and a sense of belonging.

*Community-Based Design is a human-centered approach to workplace planning inspired by the principles of vibrant cities. It creates diverse, mixed-use “districts” that support all the ways people work—focus, collaboration, socialization, learning, and rejuvenation—while fostering connection, trust, and wellbeing. By engaging employees in the design process and offering a variety of spaces, organizations build resilient workplaces that adapt to change and help people thrive. [Find out more.](#)

Future-Proof your Office: Four Designs for the AI Era

These space concepts illustrate how thoughtful design and technology integration can empower people to focus, collaborate, connect, and recharge—creating environments where both human and AI strengths flourish.

1. Focus Zones

Deep dive with an AI agent in an acoustically private enclave. Then, move into the adjacent collaboration area to review, analyze, and refine those AI-aided insights with colleagues. Open workstations nearby encourage transparency, peer learning, and easy transitions between focused solo work and team exchanges, so AI becomes a partner, not a substitute.



2. Collaboration Spaces

AI accelerates teamwork in flexible, micro-zoned spaces where self-forming teams switch seamlessly between solo focus and group collaboration. Integrated technology supports in-person and remote participants, enabling easy brainstorming and iteration. These adaptable environments help teams harness AI insights, build trust, and innovate. A way to keep collaboration dynamic, transparent, and human-centered.

3. Social Hubs

Gather in lively social hubs that foster connection and spontaneous interaction. Use semiprivate nooks with AI translation for inclusive conversations, and digital walls to share news and art. Keep devices out of sight to reduce distractions, and choose from varied settings to relax, recharge, and reconnect. Technology should enhance, not replace, authentic relationships.



4. Rejuvenation Rooms

Reserve an immersive space where AI personalizes lighting, sound, and visuals to help you recharge. Step away from screens and calls to let your mind make subconscious connections. Set the mood with integrated technology, and choose organic shapes, natural materials, and flexible lounge seating to ease a hectic workday.

How we can help

Ready to empower your teams for the AI era?

Discover how flexible, human-centered workplaces can unlock creativity, wellbeing, and innovation.

✉ [Contact us](#)