# TIME FOR CHANGE: NEW SOLUTIONS FOR HEALTHCARE PLACES



We work with leading healthcare organizations to create places that deliver greater connection, empathy and wellbeing for everyone involved in the experience of health.

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### THE MACRO ISSUES

It's common knowledge that healthcare is an 2.7 TRILLION enormous investment. We spend \$2.7 trillion dollars spent annually annually in the U.S. alone. Of that investment, on healthcare in the \$750 billion has no effect on health—no matter **United States.** how talented, dedicated and passionate the clinicians, no matter how responsible and eager the patients, no matter how advanced 750 BILLION the equipment. And costs are projected to dollars wasted without keep rising.

Healthcare spending is not distributed evenly across the population—or by condition. In fact, just 5 percent of the U.S. population—those 187,000 with the most complex and extensive medical **people in the U.S. die each** conditions—accounts for almost half of total year from medical errors or U.S. healthcare spending. And 80 percent **hospital-acquired infections.** of all healthcare spending goes to just 20 percent of the population.

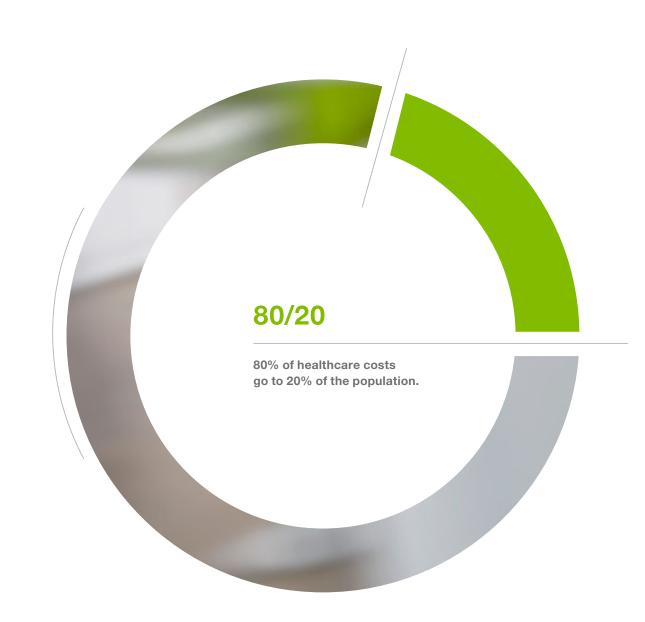
Dissatisfaction with this equation is escalating among patients and their caregivers, insurers

U.S. Department of Health & Human Services, Agency for Healthcare Research & Quality, Medical Expenditure Panel Survey and the government, and within healthcare

Health Affairs/Centers for Disease Control and Prevention and National Center for Policy Analysis organizations that strive for excellence.

improving health outcomes or experiences.

CMS (Centers for Medicare and Medicaid Services), National Health Expenditure Accounts (NHEA)



STEELCASE HEALTH INSIGHTS + APPLICATIONS GUIDE INTRODUCTION THE MACRO ISSUES



# A RADICAL TRANSFORMATION

Healthcare is evolving at a rapid pace, changing on almost every imaginable front, as patients and payors seek improved experiences, outcomes and value.

THE NEW PARADIGM

# ENGAGING PATIENTS IN HEALTH HAS BECOME A NEW CLINICAL PARADIGM.

ILLNESS

WELLNESS

WELLBEING

The focus is expanding beyond illness to include wellness and wellbeing.

Striving for excellence, innovators are staking out a distinctive role that goes beyond treating illnesses. They're strategically expanding their focus to include wellness and wellbeing, tapping into the growing awareness that poor health diminishes the quality of people's lives and puts a financial burden on the healthcare system that results in higher costs for everyone.

Although the fast pace of healthcare hasn't changed, care providers are driving to more patient-centered care, taking time to involve patients in co-managing their health. As a result, patients, their families and clinicians are all navigating new roles and relationships.

Processes are becoming less directive and more collaborative, involving patients and families more actively.

Needs and expectations are changing, as teaching and learning become more integral to the healthcare experience.

New technologies are offering new ways to interact with information.

STEELCASE HEALTH INSIGHTS + APPLICATIONS GUIDE



### **AREAS OF TENSION**

As the healthcare industry rapidly evolves, our research has identified three primary areas of tension that are directly related to the changes taking place. Each presents challenges but also significant opportunities for forward-facing healthcare organizations.

### VOLUME-BASED ► VALUE-BASED CARE

In today's system, evaluation and reimbursement are primarily based on the quantity of care provided, whether or not patients see positive results or have a satisfying experience. The model is now shifting from volume-based to value-based care, as mergers and acquisitions, the Affordable Care Act and consumer attitudes drive new expectations and new metrics.

### PASSIVE ▶ **ACTIVE ROLES**

Healthcare participants are less willing to be passive recipients of care. Instead, they're taking on a more active role: asking more questions, expecting more information and researching providers, costs and treatment options. As they take more control of their care, they're making choices that bring them the greatest satisfaction, selecting providers that offer positive and effective experiences.

## SILOED ▶ **OPEN INTERACTIONS**

Previously isolated healthcare processes are becoming more open and collaborative. Fueled by the advancement of electronic medical records and rapid adoption of mobile technologies, there's increased openness and connection between processes and people.

INTRODUCTION AREAS OF TENSION

THE HEALTHCARE JOURNEY

# TODAY'S HEALTHCARE JOURNEY NEEDS TO BE AN INTEGRATED ONE.



People have intrinsic human needs—needs for choices, a sense of control and meaningful connections with others. As these needs are integrated holistically into the healthcare journey, the fundamental nature of the industry is changing. Healthcare organizations that embrace this new reality—in their strategies, decisions, cultures and spaces—are best positioned to deliver greater value in a differentiated way.

Enable people to take control of the journey and their health in general.

Facilitate connections among patients, families and clinicians.

INTRODUCTION THE HEALTHCARE JOURNEY

### THE CHALLENGE FOR HEALTHCARE ORGANIZATIONS

As changing dynamics add complexity to an already complex industry, the challenges that healthcare organizations face are greater than ever. Addressing high-priority issues is key to developing a strategy for sustainable success.

Total cost management is an issue all Health outcomes are why health organizabetween investment and ROI.

an organization's sustainability, and it is directly waiting and transition times.

healthcare organizations face, with mounting tions exist: to help people become healthier pressure to manage costs while improving and maintain optimal health. Improving health quality. Every investment must contribute to outcomes goes beyond diagnosing and treatdelivering an effective, valuable and efficient ing illness. It also includes preventive care, healthcare experience, striking the right balance teaching patients and families and consulting to encourage healthy behaviors and well-informed decisions about care. As always, good health **Revenue generation** is an essential driver of outcomes depend on high-quality and safe care.

affected by the shift from volume-based to Patient satisfaction measures the value of value-based models of care. Solutions must the entire healthcare experience from the cussupport an organization's ability to generate tomer's perspective. This means developing revenue, even creating opportunities for new a deep understanding of what patients want revenue streams with new service offerings at and need and then providing experiences and each point of the healthcare journey, including delivering a performance that contributes to positive outcomes and demonstrates value that they perceive is worthy of their time and cost.



### **TOTAL COST** MANAGEMENT

Effectively manage the total cost of the experience.



### REVENUE **GENERATION**

Create revenue through new efficiencies and performance levels.



### HEALTH **OUTCOMES**

Improve patient health outcomes and the quality and safety of care.



### **PATIENT** SATISFACTION

Increase patient satisfaction, a measure of provider success that is rising in importance.

STEELCASE HEALTH INSIGHTS + APPLICATIONS GUIDE INTRODUCTION THE CHALLENGE FOR HEALTHCARE ORGANIZATIONS



The investments made in healthcare today are substantial, and pressure is mounting to discover new ways to yield more value from the equation.

At Steelcase Health, we are continually working to deepen our understanding of the healthcare industry and the spaces where healthcare experiences occur. For more than a decade, our teams have undertaken research encounters to better understand realities and opportunities that all healthcare organizations face. We've visited a broad spectrum of facilities, observing and documenting everyday processes and interactions in real time.

16 STEELCASE HEALTH INSIGHTS + APPLICATIONS GUIDE

### **DESIGN PRINCIPLE 1**

# Design for the Human Factor

Our research has confirmed that spaces profoundly affect people's attitudes and behaviors, and how they relate to each other. Designing for the human factor can help healthcare organizations enhance the connections that are vital to successful outcomes and can help them achieve critical qualitative measures of success. When designed for the human factor, spaces can help organizations achieve objectives that are central to the new healthcare journey:

### HUMANIZE

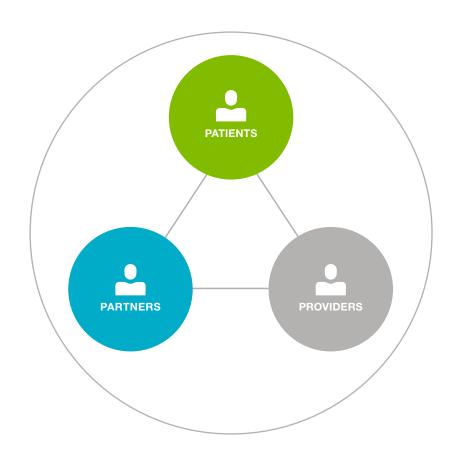
the experience to make it more personal and less foreboding, reducing stress to promote more positive, optimistic emotions.

### **EMPOWER**

people with information, understanding and advice to make good choices.

### CONNECT

stakeholders to support the development of relationships and knowledge that lead to better outcomes.



Enhance vital connections by designing for the human factor.

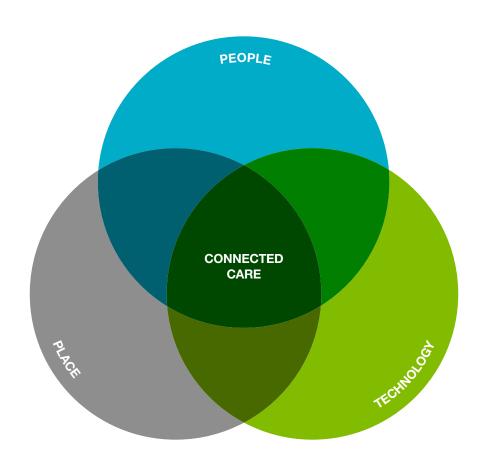
INTRODUCTION DESIGN PRINCIPLES

### **DESIGN PRINCIPLE 2**

# Integrate the Experiences

smoothly integrated.

Our research convinced us of the importance When people, place and technology are of understanding and designing for the inter- thoughtfully considered and incorporated sections of people, place and technology. This holistically in design, the result can be more ensures that the experiences of healthcare are engaging—connected care that fully leverages the power of place to inspire and support satisfying interactions and connections.



Optimize healthcare experiences by connecting people + place + technology.

STEELCASE HEALTH INSIGHTS + APPLICATIONS GUIDE INTRODUCTION DESIGN PRINCIPLES



## **INSIGHT-LED APPLICATIONS**

As we continue to learn and synthesize our findings, we gain new insights into how healthcare organizations can achieve their goals by fully leveraging the power of place.



### **EXAM SPACES** OBSERVATIONS



### **OBSERVATIONS**

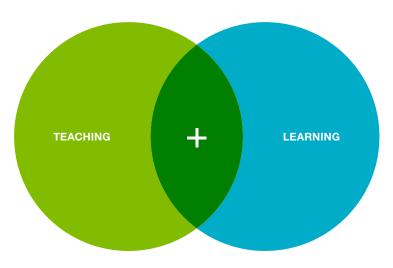
Intimidating

Awkward for conversations

No place for family

Can't see technology

Inefficient, unwieldy floorplan



Exam Spaces designed for teaching and learning increase shared understanding among people, encourage patients to be co-directors of their own health and provide thoughtful hosting amenities.

For most people, the exam room is at the center of the healthcare experience. No longer just a place for medical exams and treatments, it's also a space where consulting, learning and person-to-person sharing happens.

Whether in a doctor's office, an urgent care center, a surgery center or the emergency room, exam rooms are hardworking, high-functioning spaces that support the activities and relationships that create connected, satisfying and effective health experiences.

### **OPPORTUNITIES**

Personal amenities

Same-level seating

Family as partners

Technology incorporated

Productive for teaching/learning

Supports appropriate procedures

INSIGHT-LED APPLICATIONS EXAM SPACES

Based on our research, here are some ideas for how to improve exam rooms so they better support everyone's needs.

### **INSIGHT 1**

Learning is an essential part of effective healthcare.

As patients take a more active role in their healthcare, exam rooms must be equipped for teaching and learning about health status, conditions, treatments and healthy lifestyles. This means leveraging multiple methods of connecting people and information.

### **INSIGHT 2**

Family or other support persons are often in the exam room as important partners in the patient's health.

Accommodating their presence—whether it's physical or virtual—helps to ensure important information is heard, understood and retained, increasing the chances for good outcomes.

### **INSIGHT 3**

There's pressure on clinicians to make every moment count.

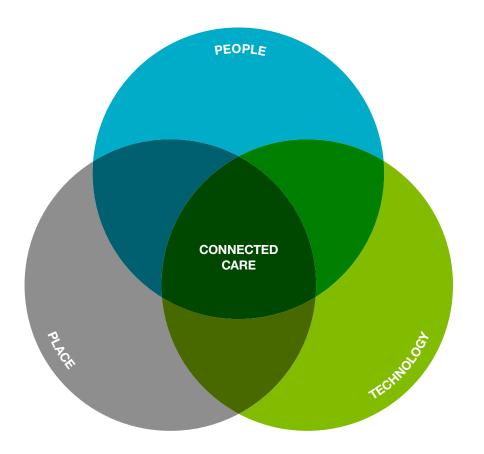
As insurers change reimbursement systems, efficiency and effectiveness have become more important than ever. At the same time, patients don't want to be rushed through appointments. Efficient, well-equipped spaces can be a timesaver as well as a pathway to better outcomes and improved patient satisfaction.

### **INSIGHT 4**

Technology is opening new opportunities in healthcare, and it should be fully incorporated in exam rooms.

Smart devices, apps and webbased information are new tools for diagnosing and treating patients, accessing and sharing information and communicating effectively.

### **EXAM SPACES** DESIGN PRINCIPLES



### **PEOPLE**

Provide for patients' emotional comfort with privacy barriers Provide for physical comfort with cushioned seating, soft plus storage for clothing and personal items

lighting, water and/or other hospitality items

with same-level seating and equal access to digital and whiteboards, digital media, etc. - to support different learnanalog information

Create a shared zone for patients, loved ones and clinicians Incorporate a variety of teaching aids—anatomical models, ing styles

that accommodate family or support persons who can serve ages, sizes and mobility levels can move comfortably and as a second set of eyes and ears

Improve patients' understanding by designing exam rooms Design adaptable exam rooms so that people of various access information easily

### **PLACE**

Design for multiple functions: exams, treatments, consulting, Provide adequate space and seating so that family and discussion, active education and learning

Replace exam tables with recliners that so that patients and clinicians can be at the same level, enhancing communica- Enable patient engagement by configuring the exam room tion opportunities

Create flexibility with modular walls and mobile furnishings Choose storage units with easy access that keep clinical so exam rooms can adapt easily to changing needs

Leverage walls as vertical planes for displaying information

support persons can feel welcomed and included in the exam experience

so everyone has the same level of access to information

equipment out of sight until needed

### **TECHNOLOGY**

can make every moment in the exam room count

Accommodate new and emerging technologies in spatial de- Include those who are not physically present such as family

Support productive waiting by providing technology access and informational content to patients

Support clinicians with easy-to-access technology so they Triangulate the patient/clinicians/technology spatial relationship to ensure equal access

sign so that clinicians and patients can share information easily members and specialists



Dimensions: 19' x 12'

- 1 Information can be put on a whiteboard, a quick way 6 Ample seating, storage for personal items and easyto support shared understanding. (Solution: Premium Whiteboard)
- 2 Streamlined room scheduling and self-check-in save time. 7 A recliner replaces the exam table, placing patients in a more (Solution: RoomWizard)
- 3 Mobile worksurfaces support the clinician's mobile devices, enabling easy movement from task to task and space to space. (Solution: Pocket for iPad)
- one need to another. (Solution: V.I.A.)
- **5** Discreet storage keeps intimidating clinical equipment out of sight but easy to grab when needed, enabling participants to focus on connecting with each other and the information that's being shared. (Solution: Folio modular casegoods)

- to-find power outlets welcome family members into the space. (Solution: Regard)
- empowered posture and providing for direct eye contact, building the personal connection between patient and clinician and making it easier to focus on information that's being shared. (Solution: Empath recliner)
- 8 A mobile stool moves with clinicians during an exam while 4 Movable walls mean exam spaces can easily adapt from still providing rest for weary feet. (Solution: Verge stool)

### **FEATURED PRODUCTS**

**EXAM SPACES** QUICK-CARE SPACE

and lower costs.

Some appointments are straightforward and don't require a full exam. Compact, semiprivate, quick-care spaces are a convenient option with minimal medical equipment, offering an easy, efficient exam experience with streamlined processes

Premium Whiteboard	119
RoomWizard®	137
Pocket <sup>™</sup> for iPad	. 132
V.I.A.™	. 120

Folio™ modular casegoods..... Regard™..... Empath™ recliner..... 

### **EXAM SPACES** MULTIPURPOSE EXAM ROOM

This fluid space sets the stage for improved interaction by replacing the traditional exam table with a recliner, putting everyone on the same level and making it easier to transition from one procedure to the next. There is accommodation for family members, too, including videoconferencing.



### **FEATURED PRODUCTS**

Opus™ modular casegoods	121
Regard bench	125
Doolset for iDod	100

	Folio modular casegoods	.121
,	Verge stool	128
	Empath recliner	.127



**Dimensions:** 10' × 10'

- with information displayed on a large monitor, providing equal visibility of educational information or data from a clinician's device, such as lab or x-ray results. Modular cabinetry provides a mounting surface and cable management, as well as a place for personal belongings. **5** A mobile stool for perching moves with clinicians. (Solution: Opus modular casegoods)
- 2 Space is allocated for family members, making them equals 6 A recliner replaces the exam table, providing "same-level" in the conversation. Seating offers power for technology devices and encourages active learning for all participants. (Solution: Regard bench)
- **3** A mobile worksurface with drawer storage and magnetic accessories keeps exam tools and technology close at hand for clinicians. It has a small footprint that moves with the clinician, making it easy to adapt the space for the individual needs of each patient. (Solution: Pocket)

- 1 Learning and shared understandings are supported 4 Discreet, modular storage cabinets incorporate a handwashing station and keep medical equipment and supplies within easy reach when needed. (Solution: Folio modular casegoods)
  - (Solution: Verge)
  - seating, placing patients in a more empowered posture and encouraging them to participate as co-directors of their health. (Solution: Empath recliner)

### **EXAM SPACES** CONSULTATIVE CARE ROOM

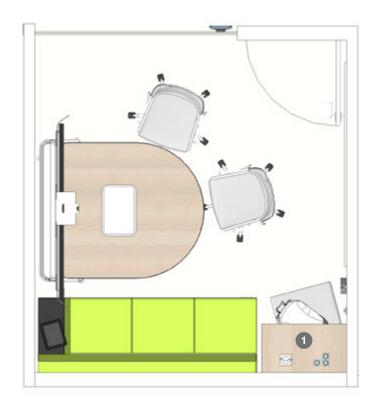
When treating conditions over time, every appointment doesn't involve a medical exam. Sometimes scheduled time is spent reviewing x-rays, test results, treatment options, etc. This high-performance space is designed for sharing information and involving patients in decision making.



### **FEATURED PRODUCTS**

Elective Elements®	.131
media:scape®132,	137
Pogard	125

QiVi™ collaborative chairs	129
Premium Whiteboard	.119
Await™ottoman	124



Dimensions: 9' x 10'

- 1 Thoughtful, personal touches like bottled water or other 4 Same-level seating places patients and clinicians on equal hospitality items and flexible storage for personal belongings bring familiar touch points into the space, to help patients and families relax and focus on health. (Solution: Elective Elements)
- 2 The room is equipped for seamless information sharing, incorporating technology for video conferencing to include participants in other places or for sharing test results, medical data, treatment options or educational information using collaborative tools. (Solution: media:scape)
- 3 There's room for family members, too. Adequate seating is available and is placed to offer clear sightlines to information displayed on the monitor. (Solution: Regard)

- footing, supporting emotional connection and co-directed care experiences. (Solution: QiVi collaborative chairs)
- 5 Whiteboards support informal visual communication, capturing questions or quick, explanatory illustrations that can be photographed on a mobile device to take along when the appointment is over. (Solution: Premium Whiteboard)
- 6 An ottoman is a place for personal items. It can be placed under the wall storage and pulled out when necessary. (Solution: Await ottoman)

### **EXAM SPACES** CARE SUITE

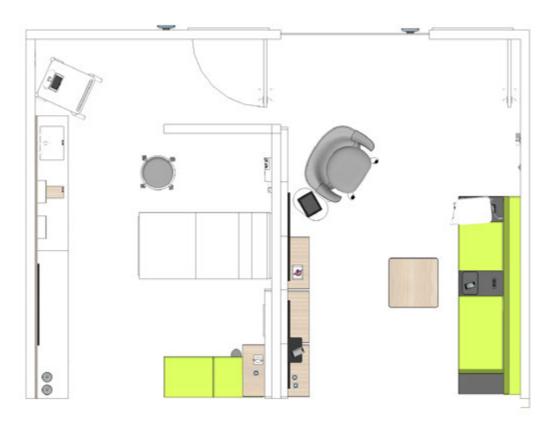
Especially for patients with health issues, having a two-room care suite to handle the medical exam and a consultation optimizes the appointment, with each activity taking place in a space that's best equipped to support it. Doors into each room, plus a walkthrough between, provide multiple ways of access.



### **FEATURED PRODUCTS**

Folio modular casegoods12	1
Pocket for iPad133	2
Verge stool	8
FlexFrame™ workwall13	1

i2i® chair	124
RoomWizard	137
Regard	125



Dimensions: 18' x 13'

- age coexist, making the most of space and encouraging shared understanding with information access. (Solution: Folio modular casegoods)
- 2 Support for mobile working enables clinicians to move themselves, and their tools, freely around the room, as they attend to a dynamic range of tasks and roles. (Solution: Pocket for iPad, Verge stool)
- 3 In the consulting spaces, patients, families and clinicians have equal ability to connect to technology for sending information to a two-monitor visual display, increasing the ability for patients to present information they want to share and for all to understand the full picture of the health context. The monitors are discreetly set into a wall unit so they don't overpower the room but are easily visible when needed. (Solution: FlexFrame workwall)

- 1 On the exam side, visual information display and stor- 4 Swivel seating means that doctors and patients can maintain eye-to-eye contact as they review information. (Solution: i2i® chair)
  - **5** Outside both care rooms, screens display an electronic reservation system, a welcoming touch for patients and their families and an efficiency enhancer for clinicians and staff. (Solution: RoomWizard)
  - **6** Both sides of the care suite include room for families to participate in learning and decision making. Thoughtful touches like bariatric-sized seating and power outlets for mobile devices enhance accessibility. (Solution: Regard)



### **CLINICIAN WORKSPACES OBSERVATIONS**



### **OBSERVATIONS**

Intimidating for visitors

Noisy and hectic with no place for focus/escape

On-the-fly collaboration

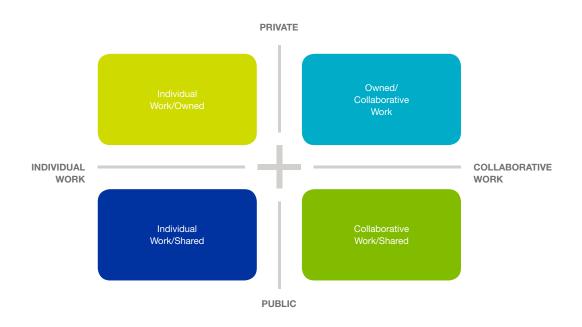
Fixed desktop PCs

"Walking" laptops, tablets

Make-do "ergonomics"

Inefficient workarounds

Afterthought break rooms



As the healthcare industry undergoes rapid change, clinicians' work is becoming even more demanding and varied. There are new technologies and methods of record keeping. New administrative tasks. Staff shortages. Sicker patients. More private rooms. More steps, more time to complete rounds, more expectations, more pressure.

With these demands comes the need for a range of spaces that are suited to the dynamic roles and relationships that clinicians switch between during a shift. Space for collaboration. Space for focus. Space for respite.

For organizations that are actively driving improvement through their operations, clinician workplaces can be a strategic asset for a more effective organization, which in turn has a positive impact on patient care and satisfaction.

### **OPPORTUNITIES**

Welcome area

An ecosystem of spaces: open, semiprivate and private

Designated team space

On-the-move technologies, workstations

Quick-fit ergonomics, weight shift options

Support for dynamic roles and tasks

Retreat space designed for worker wellbeing

STEELCASE HEALTH INSIGHTS + APPLICATIONS GUIDE

When the elements of people, place and technology are holistically considered, the result can be a work environment that empowers clinicians, connects them to technology and each other, and supports their wellbeing in a holistic way. And when clinicians' work experiences are less stressful, the result can be better, more connected care for their patients.

Based on our research, here are some ideas for innovative workplaces that support the ways clinicians work today.

### **INSIGHT 1**

Clinicians alternate between collaboration and focused individual work throughout their work shift.

Having a range of spatial solutions allows clinicians to choose places that provide the right tools and level of privacy for whatever they need to do.

### **INSIGHT 2**

People are different sizes and have varied preferences for how they work.

Shared clinician spaces should be designed to quickly fit individual needs 24/7, so that each person can get comfortable effortlessly, with minimal transition time from space to space or task to task.

### **INSIGHT 3**

Technology advances are rapidly changing work processes.

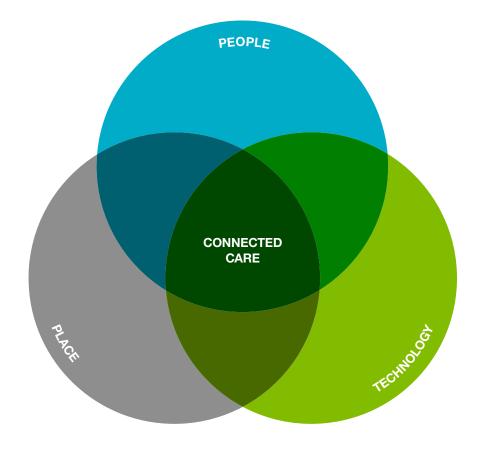
It is very important to future-proof clinicians' workspaces as much as possible and avoid built-in obsolescence.

### **INSIGHT 4**

Successful healthcare is interdependent, connected care.

When clinicians understand what each clinician has done and how it fits into an overall plan, patient outcomes will most likely improve. What's more, establishing meaningful connections with co-workers is a proven way to improve clinician engagement in their work and reduce stress.

# CLINICIAN WORKSPACES DESIGN PRINCIPLES



### **PEOPLE**

Provide adjustable furniture with intuitive user interfaces to support various people, postures and tasks

Equip work areas with many ways for clinicians to shift weight off their feet: perch stools, foot rails, mobile seating, etc.

Anticipate clinicians' specific needs for performing different types of work: collaboration, heads-down focus, teaching/learning, etc.

Designate adequate, easily accessible space for respite and renewal

Provide areas where team members can socialize, provide

support and mentoring, and build trust

Realize that everyone needs occasional privacy while at work Make everyone feel welcome as soon as they enter the space

### PLACE

Reduce noise and clutter wherever possible

Provide a range of settings for a range of tasks

Build in flexibility so the space can adapt to changing processes and priorities

Leverage walls as vertical planes for information displays to offload information and aid cognition

Consider sightlines and adjacencies carefully throughout the space

Design multiple entries and clear pass-throughs in shared spaces to support mobile workflows

Use transparent and semiopaque glass to create openness and put visitors at ease

Carve out quiet, comfortable areas where clinicians can sit with patients' families to discuss treatments and health status

### **TECHNOLOGY**

Incorporate movable monitor arms to free up needed worksurface space

Provide ample space to park mobile workstations and power mobile devices

Equip collaboration spaces with technology tools that make

Include videoconferencing rooms for remote consultations

Accommodate mobile devices with mobile workstations

it easy to share content from individual devices

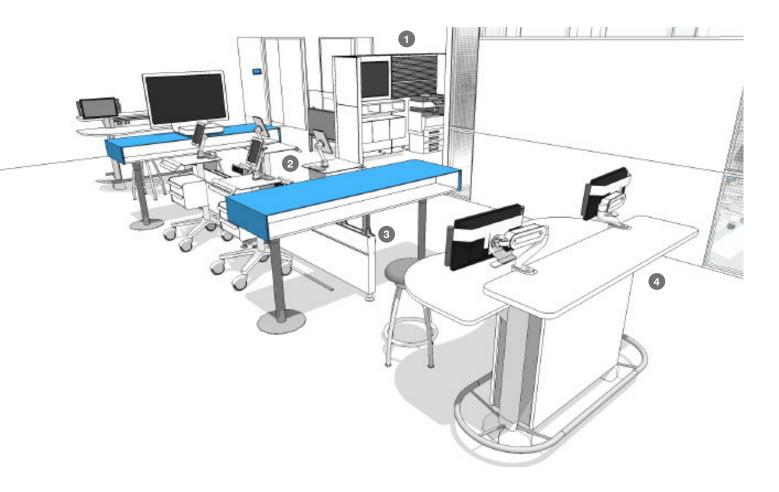
with specialists and/or patients' families

Provide for sufficient acoustical privacy wherever needed

Anticipate new and emerging technologies with an adaptive infrastructure

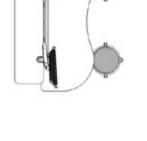
### CLINICIAN WORKSPACES CLINICIANS' HUB—CENTRAL NURSING

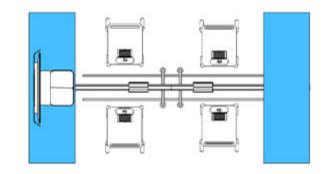
Unlike a traditional nurses' station, this hub is an ecosystem of different spaces for different activities: collaboration, focused tasks, teaching and learning, quick social exchanges. Because clinicians' work is so dynamic, the space is dynamic too—adaptable to a wide variety of tasks, needs and preferences.

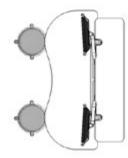


**FEATURED PRODUCTS** 

..131 c:scape® beam..... Pocket for iPad..... . 132 Sync<sup>™</sup> caregiver station .....







Dimensions: 30' x 20'

- 1 A printer and storage for work supplies are nearby, adding 3 Mobile technologies need to be recharged every so to the convenience and utility of this hard-working, versatile space for routine individual work and quick collaborations. (Solution: Elective Elements)
- 2 As clinicians move in and out of patient rooms, with mobile worksurfaces they can take everything they need along and have secure support for mobile technologies such as iPads. (Solution: Pocket for iPad)
- often. This 4-unit docking station is a convenient place to park and power up. (Solution: c:scape beam)
- 4 To match clinicians' on-the-move workflows, these workstations offer easy access on all sides, open sightlines and adjustable monitors, so it's easy to quickly accomplish individual work or cluster around a task here. A foot railing lets clinicians shift their weight while standing, an instant relief for weight-bearing limbs. (Solution: Sync caregiver station)

### **CLINICIAN WORKSPACES** WELCOME AREA

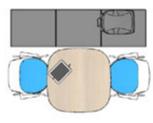
A staff person sitting in an open, inviting space makes visitors feel welcome as soon as they step off the elevator. The adjacent seating area is a place where family, consulting physicians or other visitors can escape the activity of the floor.

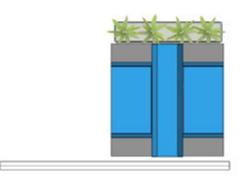


### **FEATURED PRODUCTS**

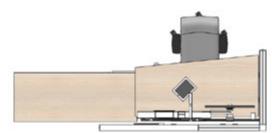
Answer® panel systems	.131
Airtouch®	133
Think® 128,	129
Elective Elements	.131











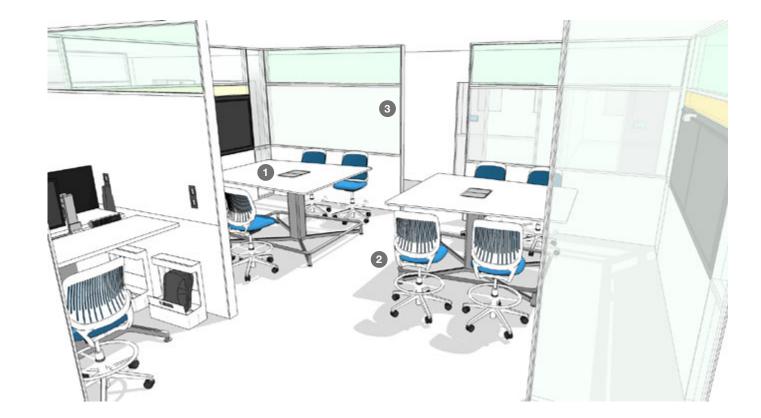
Dimensions: 28' x 14'

- clear line of sight to make eye contact when welcoming and compact workstations, so they have the option of using visitors to the floor-immediately assuring that they are in the right place and a person is there to help them. place to get away without going away. (Solution: Regard) (Solution: Answer panel systems)
- over a shared workspace, supporting a range of postures throughout a shift for different tasks, more body movement and better wellbeing. (Solution: Airtouch)
- 3 A high-performance chair with intuitive adjustments matches individual bodies and seating preferences. (Solution: Think)
- 4 Steelcase Elective Elements creates open storage for water and other amenities, plus power and data access for digital information screens are located in the V.I.A. walls. (Solution: Elective Elements and V.I.A.)

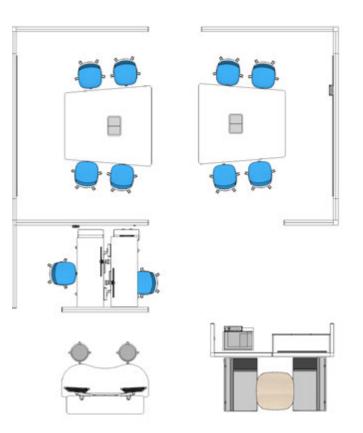
- 1 Workspace clutter is hidden, and the attendant has a 5 For visitors, there's versatile seating, easy access to power the space to accomplish just-in-time tasks or simply as a
- 6 Family and clinicians have a place to converse in a quiet 2 A height-adjustable workstation provides personal control and comfortable setting instead of a noisy corridor. Create a setting for conversation and activities. (Solution: Enea Lottus chairs and tables)
  - **7** A semitransparent wall divides this space and the clinicians' work area. It has high sound absorbency to provide audio as well as visual privacy, and it can be relocated to adapt to changing spatial needs. (Solution: V.I.A.)

### CLINICIAN WORKSPACES CLINICIANS' HUB—COLLABORATION SPACES

Whether it's used for a shift-change meeting, a quick huddle or a teaching/learning exchange, this collaboration room is well equipped for seamless information sharing, optimizing collaborative teamwork and staff performance.



FEATURED PRODUCTS	media:scape TeamStudio137	V.I.A
	cobi™ stools128	

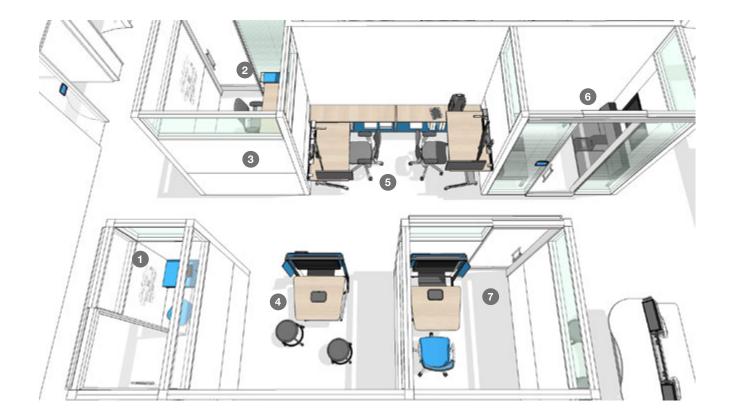


Dimensions: 22' x 30'

- 1 Information to be shared on whiteboards as well as 3 Partial walls are semopaque, ensuring a sense of well as side by side. (Solution: media:scape TeamStudio)
- 2 Chairs have easy, quick-fit adjustments, and they swivel, so participants' sightlines can follow who's talking and the information being shared. (Solution: cobi stools)
- projected from anyone's computer. Everybody in the enclosure, as well as visibility, in case participants need room can see one another easily, and video conferencing to break away for patient care. The walls are relocatable is integrated, so a team can connect across distances, as if a larger or smaller space is needed in the future. (Solution: V.I.A. walls)

### CLINICIAN WORKSPACES CLINICIANS' HUB—PRIVATE SPACES

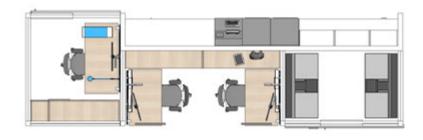
Being able to focus on detailed, heads-down work is critical in healthcare. Small privacy spaces like these, adjacent to the group hub, are an investment that can pay off in many ways-greater efficiency and fewer errors, plus improved staff morale and wellbeing.

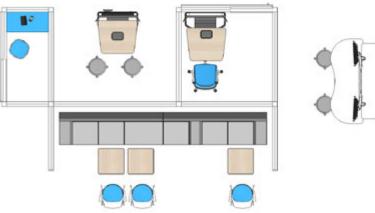


### **FEATURED PRODUCTS**

Lox™stool	128
Duo slim storage	130
Elective Elements	131
Airtouch	133

8 Amia® chair..... 80 V.I.A. ..... media:scape..... 33 Eyesite<sup>™</sup> flat-panel monitor arm......119





- Dimensions: 29' x 30'
- 1 Every so often, a clinician may need a few minutes of 5 In this semiprivate space, Steelcase's Amia chair has privacy for a personal phone call or just to regain calm during an intense day. A completely enclosed "phone booth" is a small getaway place that provides a big 6 Regard seating furnishes a small, enclosed room. Accesreturn in terms of humanizing the work environment and improving clinicians' wellbeing. (Solution: Lox stool, Duo slim storage)
- 2 A private office for the charge nurse is a place to concentrate for heads-down work and conduct confidential employee conversations while maintaining visual access. (Elective Elements, Airtouch, Amia chair, and V.I.A.)
- **3** V.I.A. relocatable walls ensure acoustical privacy, as well as flexibility for future space configurations.
- 4 Another enclosed room is sized for two people and equipped for technology-supported collaboration. (Solution: media:scape)

- LiveLumbar<sup>™</sup> technology for consistent lower-back support.
- sible from a patient corridor, it's a space for private conversations between clinicians and family members.
- 7 Tucked-away, these back-to-back workstations are efficient places for focused individual work such as dictation or charting. There's ample room to array paperwork, and adjustable monitors and chairs with easy-to-move lumbar support make it easy for individuals to quickly fit the workstation to their own body, a must for ergonomic support in a shared workspace. (Solution: Elective Elements, Eyesite flat-panel monitor arm, Amia chairs)

### **CLINICIAN WORKSPACES** CLINICIAN'S RETREAT

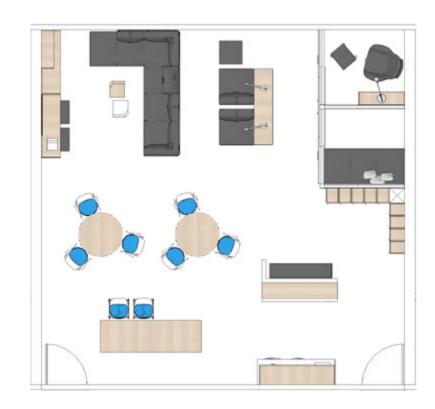
Acute care clinicians often become so consumed with caring for patients that they neglect their own needs. An appealing retreat space close to the work hub is an investment in staff's physical, mental and emotional wellbeing, providing choices that encourage making the most of break time, including private space for personal renewal.



### **FEATURED PRODUCTS**

Elective Elements	130, 13	3
Lagunitas seating	12	2
SW_1 tables	13	35
Enea Lottus chairs	12	22
Folio modular casegoods	1	2-

RoomWizard	.137
Victor2 <sup>™</sup> recycling center	120
Davos <sup>™</sup> bench	.124
Bob™ lounge	.124



Dimensions: 29' x 28'

- 1 A credenza makes the space homelike with functional 6 A locker room has open storage for water bottles and storage for magazines and personal items. (Solution: Elective Elements)
- 2 For informal socializing, lounge seating supports relaxed 7 A break is a good time to catch up on news or catch a postures. (Solution: Lagunitas seating)
- 3 Comfortable chairs and tables are social gathering spots for meals, snacks, chatting or catching up on personal 8 There is an efficient kitchenette with closed storage to tasks. (Solution: SW\_1 tables, Enea Lottus chairs)
- 4 Both Enea Lottus chairs and stools are comfortable and stack easily.
- 5 Side-by-side enclosed respite rooms offer a choice: a cushioned bench for reclining or a Bob™ lounge chair and ottoman for leaning back and putting your feet up.

- other quick-grab items, plus touch-down seating and secure storage for personal items. (Solution: Davos bench)
- quick snack at the nourishment bar. (Solution: Elective Elements)
- reduce clutter with a built-in recycling station that supports sustainability in a tidy, organized and attractive way. (Solution: Folio casegoods, Elective Elements, Victor2 recycling center)



### PATIENT ROOMS OBSERVATIONS



### **OBSERVATIONS**

Family not accommodated

Bulky furniture, hard to move

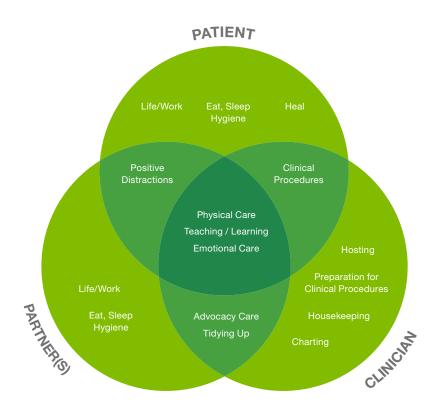
Workarounds and make-dos

No technology

Little control of space

Crowded, cluttered

Institutional, unfamiliar



More than ever, patient rooms are more than just a place for a bed and medical equipment. They are intimate environments where patients, families and clinicians come together around care. At their best, they are environments that aid a patient's recovery, improve how clinicians do jobs and welcome family members as active participants in care.

Patient rooms at many hospitals no longer meet the raised expectations of patients, family and clinicians. By integrating hospitality, empowerment and comfort throughout the space, well-designed patient rooms can provide better experiences and enhance a hospital's reputation for delivering quality care.

### **OPPORTUNITIES**

Streamline, appealing

Family hosted

Pull-up bedside seating

Efficient and multipurpose

Integrated technology for teaching/learning

Accommodations for personal items and preferences

Comfortable, welcoming

STEELCASE HEALTH INSIGHTS + APPLICATIONS GUIDE

Understanding the many activities that occur in patient rooms is the basis of people-centered, evidence-based design solutions. When the elements of people, place and technology are holistically considered, the result can be patient rooms that connect people and information effectively, empower patient healing and support the wellbeing of everyone who uses the space. The result can be better, more connected care.

### **INSIGHT 1**

Without any space to spare, multifunctionality is essential in patient rooms.

Mobile furnishings add flexibility to create open zones that accommodate multiple activities.

### **INSIGHT 2**

Bedside teaching and learning is an essential part of high-value, patient-centered care.

Although the needs for whiteboards and note-taking remain, the right technologies applied in the right ways can enhance key moments of interaction by making valuable information accessible to everyone involved in the patient's care.

### **INSIGHT 3**

Successful healthcare includes family or other support persons as information sources, patient advocates and care partners.

Families expect to feel engaged and welcomed with hospitable environments that aren't overly cramped. Providing accommodations and amenities for families ensures they can stay with the patient and be comfortable.

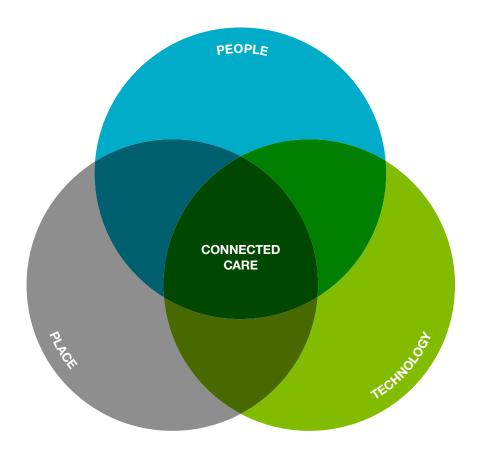
### **INSIGHT 4**

Hospitalization increases feelings of vulnerability, intensifying needs for choices and personal comfort in the space.

Hospitalization challenges patients and their families physically, cognitively and emotionally. Environments that feel hospitable versus institutional can help people deal with the strains of the experience and the range of their emotions and states of mind by supporting individual preferences and creating a sense of control.

INSIGHT-LED APPLICATIONS PATIENT ROOMS

### PATIENT ROOMS DESIGN PRINCIPLES



### **PEOPLE**

Anticipate and support the range of activities that can occur Include seating that supports a range of both body types

and postures

of their environment

Realize people's need for some control and customization Provide whiteboards for leaving messages and displaying important information

Welcome and host family with visible amenities for their use Promote a residential feel with colors, finishes, furniture, artwork and views

Provide for bedside teaching and learning that includes patients and family

### **PLACE**

Provide settings to accommodate various activities

Include sound-absorbing materials and/or an acoustical masking system

Free up adequate floor space for clinicians' mobile workstations

Include open storage for frequent-use items and closed be in the room, including sleeping accommodations for storage to reduce clutter

Provide space and furnishings so family can comfortably overnight stays if desired

### **TECHNOLOGY**

clinicians to share information

Equip patient rooms with technology that makes it easy for Ensure clear eye-to-information visibility for patients and their families

tion with doctors and family located in other places

Add videoconferencing capabilities to support communica- Support use of mobile technologies by clinicians, family members and recovering patients

Anticipate new and emerging technologies with an adaptive infrastructure

### PATIENT ROOMS INBOARD PATIENT ROOM

With everything close at hand, this patient room is a comfortable setting so the family can feel welcome as active partners in their loved one's care. It's also an efficient space where clinicians can move around freely and engage effectively with the patients and the family, creating the most value out of the time they spend in the room.



### **FEATURED PRODUCTS**

Empath recliner	.127
Sieste™ sleeper sofa	.127
SOTO II™ Mobile Caddy	120
Overhed Table	12/

Wrapp™ chairs..... Opus casegoods ... ScapeSeries<sup>™</sup> table ..... Elective Elements.... . 130, 131



Dimensions: 22' x 15'

- 1 A recliner provides versatile seating comfort, supporting 5 Modular casegoods define personal space and hold a and encouraging the family to stay with the patient during recovery. (Solution: Empath)
- 2 A caddy keeps visitors' personal items, like laptops and reading materials, off the floor when not in use, improving safety and orderliness in the room. (Solution: SOTO II Mobile Caddy)
- 3 In this well-equipped room, the overbed table can be dedicated exclusively to patient use, adding a sense 7 Chairs are easy to move, so family and clinicians can of control and order that reduces anxiety. (Solution: Overbed table)
- 4 Visitors of many sizes have comfortable support for sitting, lounging or sleeping, with a sofa that easily 8 A shelf unit does double duty as an end table and open converts into a bed. (Solution: Sieste sleeper sofa)

- monitor that's positioned to ensure clear sightlines for the patient and the family, so it's an effective way to share health information. The unit also gives clinicians easy access to supplies and provides a handy writing surface. (Solution: Opus modular casegoods)
- 6 A compact table is a spot for tasks, refreshments and consulting with clinicians. (Solution: ScapeSeries table)
- sit next to patients to converse—a closer, more natural way to connect than talking downward while standing. (Solution: Wrapp chairs)
- storage for cards, flowers and personal items. (Solution: Elective Elements)

#### PATIENT ROOMS OUTBOARD PATIENT ROOM

With a large, high-definition monitor just inside the threshold, clinicians can quickly engage patients and family members by displaying health information or videoconferencing with a specialist or family doctor. There's ample space around the bed for procedures, and tucked in a low-traffic corner is a cozy setting for the family.



#### **FEATURED PRODUCTS**

Sieste sleeper sofa	.127
Enea Lottus table	135
Empath	.127
Verge stool	128

Pocket	132
Overbed table	134
Elective Elements	131



Dimensions: 23' x 16'

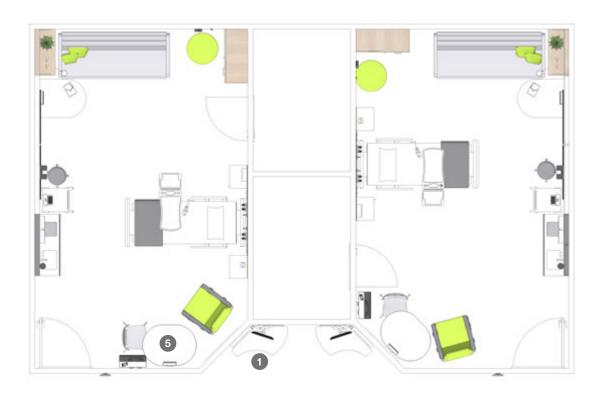
- 1 For the family, a sofa and a table with power access at 4 A mobile workstation for clinicians holds equipment the surface create a place for many everyday tasks, as well as learning consultations with a clinician. (Solution: Sieste sleeper sofa, Enea Lottus table)
- 2 A recliner is versatile, comfortable seating for guests or recovering patients. (Solution: Empath)
- bedside conversations. (Solution: Verge stool)
- and technology devices such as a laptop, tablet or smart phone. Because the workstation is maneuverable in tight spaces, taking up no more floor space than a person, clinicians can bring it to the bedside, reducing the steps and time it takes to accomplish procedures or share information. (Solution: Pocket)
- 3 A mobile stool provides a quick option for eye-to-eye 5 In this well-equipped room, the overbed table can be dedicated exclusively to patient use, adding a sense of control and order that reduces anxiety. (Solution: Overbed table)
  - 6 Next to the bed is compact storage, and there's room for a stool underneath. (Solution: Elective Elements)

#### PATIENT ROOMS MIDBOARD PATIENT ROOM

Opportunities for learning are maximized in this patient room with side-by-side monitors that amplify information-sharing opportunities. The family can converse with clinicians in sit-down settings and participate actively in learning and decision making.



FEATURED PRODUCTS	· ·	ScapeSeries table
	Alight™ ottoman124  Groupwork® table132	Sync caregiver station131



Dimensions: 35' x 22'

- ing and other clinician tasks, providing sightlines to the patient without being in the room. (Solution: Sync caregiver station)
- 2 A U-shaped table supports tasks, snacking and other activities without taking a lot of space-and it has no corners to bump into, always a plus when space is tight and there's a lot going on. (Solution: Groupwork table)
- 3 A versatile and light-scale ottoman is an extra place to sit that's easy to move wherever it's needed, giving people control over their interactions. Or it can be a soft-surface table for personal items or just a place to put up tired feet while lounging on the sofa. (Solution: Alight ottoman)

- 1 A workstation just outside the room is a place for chart- 4 Casegoods store items within easy reach without adding clutter to the environment. With less clutter, stress levels go down. (Solution: Folio modular casegoods)
  - **5** A table placed near the door creates a convenient place for activities or consulting with a clinician without disturbing the patient. (Solution: ScapeSeries)



# "WE NEED MORE SPACE FOR FAMILY MEMBERS TO BE IN THE CHEMO ROOM. THAT'S ONE OF OUR CHALLENGES."

An Oncology Treatment Space story from a patient's point of view.

learning. They must make room for similar treatment experiences. families and support persons. And they must support engagement between patients and clinicians.

Often areas where multiple patients A suite of oncology treatment appli control, privacy as well as intimacy commodate many scenarios, from for patients. They must provide private treatment areas to commu for human interaction, comforting nal spaces that encourage patients They must support teaching and support networks with others with



#### **ONCOLOGY TREATMENT SPACES OBSERVATIONS**



#### **OBSERVATIONS**

Family not accommodated

Bulky furniture, hard to move

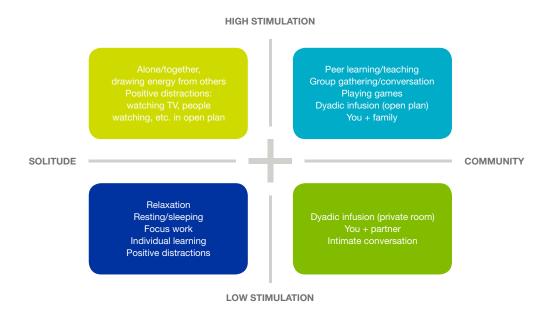
Workarounds and make-dos

No technology

Little control of space

Crowded, cluttered

Institutional, unfamiliar



Every cancer patient is unique, and today's patients now expect a person-centered approach to their care. Although a clinician's expertise and the achievement of positive outcomes are always what matter most, a facility can make a tremendous difference in the treatment experience, and even potentially improve outcomes by a more optimistic mindset and sense of control.

Instead of a "one room fits all" approach, oncology treatment centers are now designed as an ecosystem of spaces to serve a wide range of people with different needs and preferences. High customer satisfaction and differentiation are rewards for organizations that focus on personalizing the treatment experience by offering choice and control to participants, helping to humanize this segment of the healthcare journey.

#### **OPPORTUNITIES**

Streamline, appealing

Family hosted

Pull-up bedside seating

Efficient and multipurpose

Integrated technology for teaching/learning

Accommodations for personal items and preferences

Comfortable, welcoming

STEELCASE HEALTH INSIGHTS + APPLICATIONS GUIDE

#### **ONCOLOGY TREATMENT SPACES** KEY INSIGHTS

Cancer treatment demands a holistic approach that supports people emotionally and mentally, as well as physically. Because communication with patients can make a huge difference in their attitudes and understanding, the environment should support technology use to enhance information exchanges.

When the elements of people, place and technology are holistically considered, the result can be oncology treatment centers that connect people and information effectively, empower patient healing and support the needs of everyone who uses the space.

#### **INSIGHT 1**

For cancer patients, emotional comfort is just as important as physical comfort, and needs and preferences vary.

More than just places to treat a disease, treatment centers should be appealing environments that humanize the experience and support total wellbeing: body, mind and emotions. Having a range of spaces humanizes the treatment experience and satisfies a range of personal preferences.

#### **INSIGHT 2**

Family members provide vital support to patients, and their needs shouldn't be overlooked.

Creating space for family during treatment ensures they are connected to the care process. It's also important to include a private space with supportive amenities just for family members. Having a place to get away without leaving the facility can help them stay on top of things and cope better with their loved one's illness.

#### **INSIGHT 3**

Technology improves the whole treatment experience.

Being able to access and share health information is vital for effective patient care, and provides opportunities for bringing helpful information to patients and family. For patients and their families, using technology devices provides positive distractions and allows them to accomplish personal tasks during treatments.

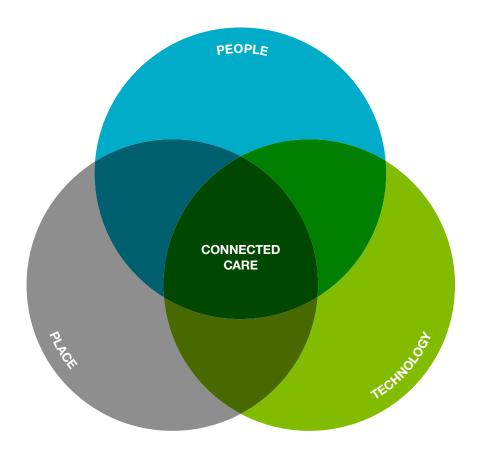
# **INSIGHT 4**

An environment of hospitality improves the care experience.

Natural light, plants, inspiring art, clear way-finding and simple conveniences and refreshments offset the unpleasantness of treatments and ease the strains on patients, families and staff.

STEELCASE HEALTH INSIGHTS + APPLICATIONS ONCOLOGY TREATMENT SPACES

#### **ONCOLOGY TREATMENT SPACES** DESIGN PRINCIPLES



#### **PEOPLE**

Design an ecosystem of private, semiprivate and communal Support sharing information in a variety of ways spaces that recognize people's individuality and desire for control of their environment

Plan for the presence of family members throughout the space

Provide seating that supports various postures: upright and hospitable sitting, perching, lounging, reclining, lying down, etc.

Create spaces that allow people to connect face-to-face without interference

As much as possible, design the spaces to feel informal

#### **PLACE**

Design treatment settings that offer various levels of privacy Provide a communal café space with television, game tables,

Build in flexibility so the space can adapt to future needs

Include open storage so people can helps themselves to blankets, tissues, water, etc.

Select floor coverings that enable easy movement for for communication patients and mobile furniture

Internet access, reading materials, etc.

Bring natural light in with large windows and skylights

Realize the importance of adjacencies and sightlines that support spatial awareness, way-finding and opportunities

# **TECHNOLOGY**

Leverage technology to enhance communications, but Include an electronic room-reservation system to manage don't let it overwhelm the environment

Anticipate new and emerging technologies with an adaptive Make it easy to adjust lighting levels in private and semipriinfrastructure

Support use of mobile technologies by clinicians, family members and patients

use of private and semiprivate spaces

vate spaces

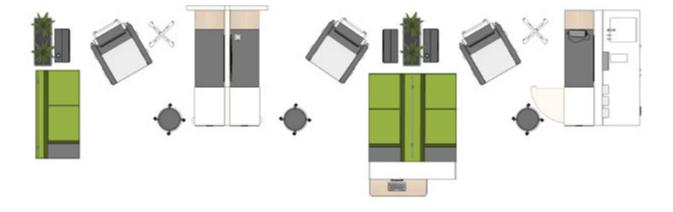
# ONCOLOGY TREATMENT SPACES SEMI-OPEN TREATMENT AREA + PARTNERS

A group setting with ample room for family members too, this area supports socializing as well as shared learning. Patients can easily switch from an upright to a reclined position, depending on their activity and preferences.



FEATURED	PRODUCTS

Sonata™ modular casegoods ......121 Regard ......125 Empath .....

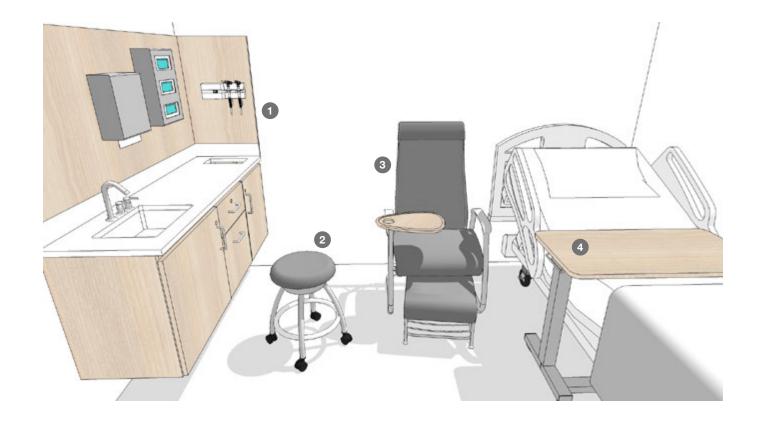


Dimensions: 34' x 14'

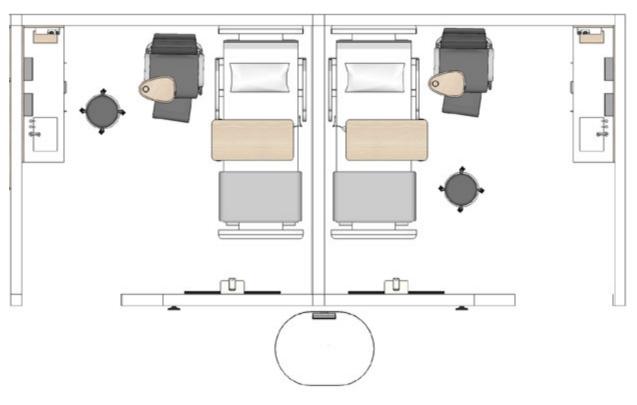
- 1 Modular casegoods define personal space, and they 3 Seating for partners in care with integrated power give clinicians easy access to patients, technology and access allows them to stay connected via technology supplies. (Solution: Sonata modular casegoods)
- 2 Recliners help patients relax in comfort with the option to change postures during treatment. It's easy for clinicians to get close and tend to patients' needs efficiently. (Solution: Empath)
- while supporting the patient with their presence. (Solution: Regard)

# ONCOLOGY TREATMENT SPACES PRIVATE TREATMENT ROOM WITH BEDS

Quiet and comfortable, this space is designed for resting or sleeping, alone or with the supportive presence of a loved one nearby.



FEATURED PRODUCTS	Folio modular casegoods121	Cura
	Verge stool	Overbed tables



#### Dimensions: 22' x 10'

- 1 Necessary supplies and a waste bin are unobtrusively 3 A flexing-frame chair ensures long-term bedside comfort stored in attractive cabinetry, hidden yet easily accessible. (Solution: Folio)
- 2 Clinicians can pull up close to the patient and family members for same-level consulting, as well as care procedures. Sitting together makes sharing information more natural and personal, so it can be more impactful, too. (Solution: Verge stool)
- for a family member. (Solution: Cura)
- 4 To decrease the patient's stress and feelings of vulnerability, personal necessities, such as eye glasses or tissues, are always within easy reach on an overbed table. The table also defines the patient's personal zone, creating a bridge for conversation while maintaining a boundary, too. (Solution: Overbed table)

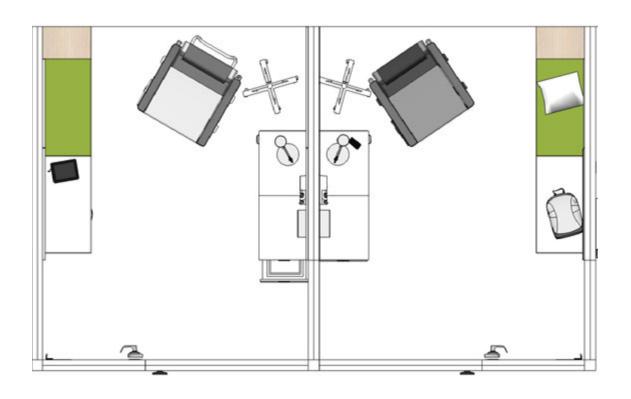
# ONCOLOGY TREATMENT SPACES PRIVATE TREATMENT ROOM

Away from others, this is a place where patients can read, rest or nap during an infusion. Consultation with a clinician can occur without the distraction of others, and technology can be used for teaching moments as well as entertainment.



**FEATURED PRODUCTS** 

.....127 Sonata modular casegoods .......121



Dimensions: 17' x 10'

- 1 Movement while seated is a healthy practice, physically 2 Attractive modular casegoods create an uncluttered as well as mentally. Patients can change postures easily in this recliner, and clinicians can get close easily for care procedures or conversation. (Solution: Empath)
  - environment. A clothes closet and a bench combine shortterm seating and under-the-lid storage. Open shelves keep some personal items in close proximity. Cabinetry also supports clinicians' workflows, providing easy access to supplies while blending discreetly with the visual serenity that this room provides. (Solution: Sonata modular casegoods)

#### **ONCOLOGY TREATMENT SPACES** PRIVATE FAMILY TREATMENT ROOM

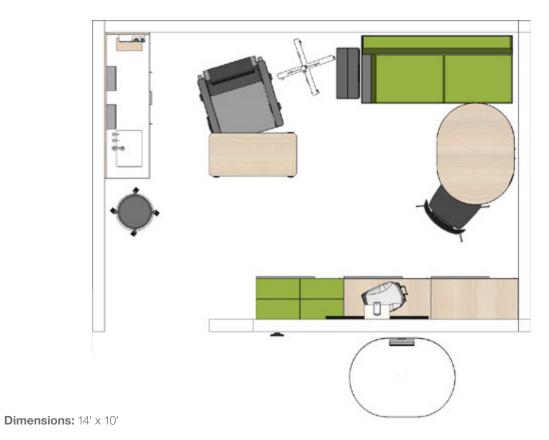
Family privacy during a treatment allows for everyday interactions such as lounging, playing games or sharing a snack or meal. It's also easy to have a confidential conversation with a clinician here.



#### **FEATURED PRODUCTS**

Overbed table ..... Elective Elements..... .... 130, 131

. 134 Wrapp chair.....



- a worksurface. It's also a place for clinicians to rest a to whatever is occurring at the moment. (Solution: laptop or tablet to display health information that can be brought close to everyone in the room. (Solution: Empath, Overbed table)
- 2 More than a magazine rack, a mobile caddy provides the reassurance of keeping personal items off the floor and at hand for quick and easy unpacking and packing. The upper shelf has a fabric pad, so it is a soft landing spot for technology devices. (Solution: SOTO II Mobile Caddy)
- 1 Next to the patient's recliner, a mobile overbed table 3 A comfortable pull-up chair with a generous seat is works as an end table, a snack tray, a game center, or multipurpose, making it easy to reconfigure the room Wrapp chair)
  - 4 Having a place for personal items makes it easy to settle into a space that feels more like "yours" for as long as you're there. This storage unit does double duty as a bench for short-term sitting, adding to the flexibility of the space. (Solution: Elective Elements)

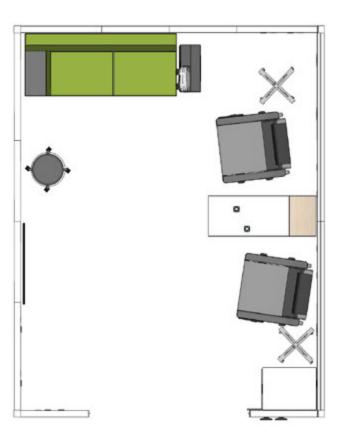
#### ONCOLOGY TREATMENT SPACES SEMIPRIVATE DYADIC TREATMENT AREA

It's not uncommon for people to form close bonds during treatments. This space allows two patients to be together, sharing experiences and feelings, and perhaps forming a friendship that lasts long after the treatment cycle is completed.



#### **FEATURED PRODUCTS**

Sonata modular casegoods	121
Verge stool	128
Empath recliner	127



**Dimensions:** 14' × 11'

- 1 Clinicians can pull up a stool for same-level consulting or procedures. (Solution: Verge stool)

  4 Even in a space that's shared with someone you know, most people like to establish boundaries to de-
- **2** Family members are encouraged to be here, too. This seating solution brings power access right to the surface, so their options for using this time productively are amplified. (Solution: Regard)
- **3** A mobile caddy provides the reassurance of keeping personal items off the floor and at hand for quick and easy unpacking and packing. The upper shelf has a fabric pad, so it is a soft landing spot for personal devices. (Solution: SOTO II Mobile Caddy)
- Even in a space that's shared with someone you know, most people like to establish boundaries to define their personal space. This divider works as an end table for both recliners and storage for personal items. (Solution: Sonata modular casegoods)
- 5 Side-by-side recliners help patients relax in comfort with the option to change postures during treatment. There's still plenty of room for clinicians to get close and tend to patients' needs efficiently. Because two people working toward a common goal are often extra motivated, this space also presents optimal opportunities for active learning, with and without technology support. (Solution: Empath recliner)

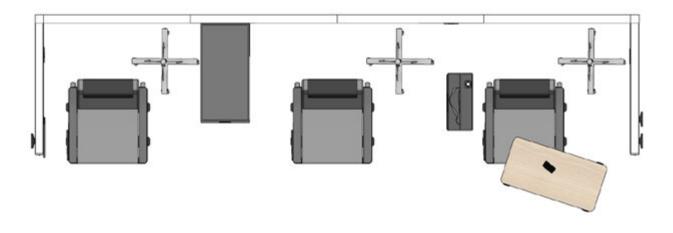
INSIGHT-LED APPLICATIONS ONCOLOGY TREATMENT SPACES

# ONCOLOGY TREATMENT SPACES ALONE/TOGETHER TREATMENT AREA

Sometimes patients don't want to socialize, but they also don't want to be alone. A semi-open area adjacent to the communal hub allows for people watching and absorbing the energy of others, while still maintaining privacy at the edges of activity.



FEATURED PRODUCTS	Empath recliner127	Overbed table	134
	Sonata modular casegoods121	SOTO II Mobile Caddy	120

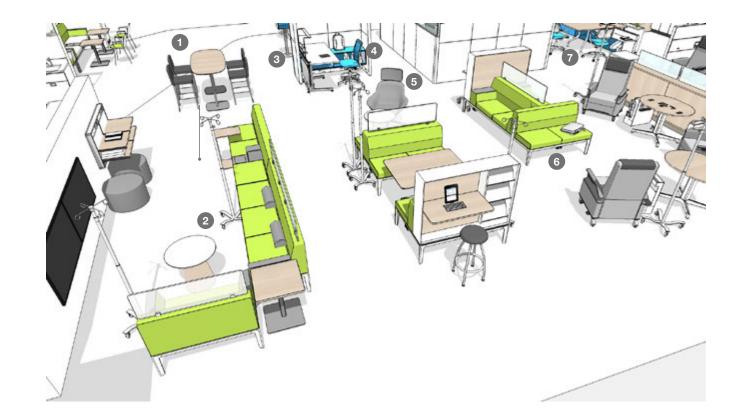


#### Dimensions: 18' x 9'

- 1 Recliners provide comfort and the option to change 3 A caddy keeps personal items off the floor and nearby, postures during treatment. (Solution: Empath recliner)
- 2 Modular casegoods define personal space and bring power within reach, all the while providing clinicians 4 To help pass the time, an overbed table is a surface for with easy access to patients, technology and supplies. (Solution: Sonata modular casegoods)
- so patients don't have to worry about their safekeeping or accessibility. (Solution: SOTO II Mobile Caddy)
  - whatever the patient feels up to doing: refreshments, games or tasks, easily moved out of the way or brought close as needed. (Solution: Overbed table)

#### ONCOLOGY TREATMENT SPACES COMMUNAL SPACE

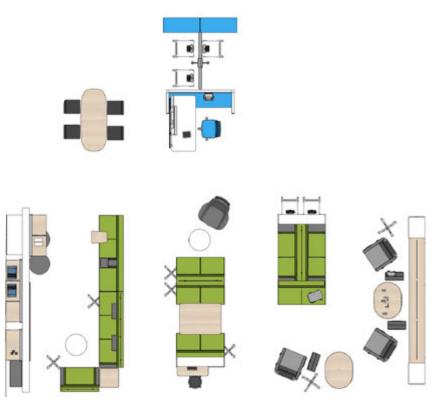
A café-like social hub, this space supports many activities—going online, getting work done, watching TV, reading, playing games, snacking or conversing. Families and patients may choose to be in or near this open space for its energizing quality, and it's also an ideal environment for group or individual learning.



#### **FEATURED PRODUCTS**

Enea Lottus table135	,
Switch™ stools128	ó
Campfire™ Paper Table133	i
Airtouch	i

Think	128,	129
Bob Lounge		124
Regard		125
c:scape		131



Dimensions: 36' x 30'

- and stools create an approachable shared setting that's adaptable to many uses. (Solution: Enea Lottus table with Switch stools)
- 2 A paper-topped table designed for doodling is a terrific distraction for kids, as well as a potential teaching tool. Clinicians can make information visible in a quick 6 A comfortable booth provides intimacy for families who diagram or write down key terms and information. By tearing off the top sheet, patients or families take the information with them. (Solution: Campfire Paper Table)
- 3 An adjustable-height table and stool create an ergonomic workstation with a range of choices to match body types and postural preferences—sitting, perching or standing-so waiting time can also be productive without straining the body. Open shelves provide a place for computer bags and other workplace storage needs. (Solution: Airtouch)

- 1 For quick tasks, conversations or refreshments, a table 4 Seating with intuitive adjustments ensures support and comfort for a range of body types. (Solution: Think)
  - 5 A lounge chair can be an embrace for people who are tired and stressed, wrapping comfort around them. (Solution: Bob Lounge)
  - want to play a game, enjoy a snack or simply be together in their own space. (Solution: Regard)
  - 7 Open shelves provide a place for computer bags and other workplace storage needs. (Solution: c:scape)



#### WAITING PLACES OBSERVATIONS



#### **OBSERVATIONS**

Empty, wasted time

Single-purpose space

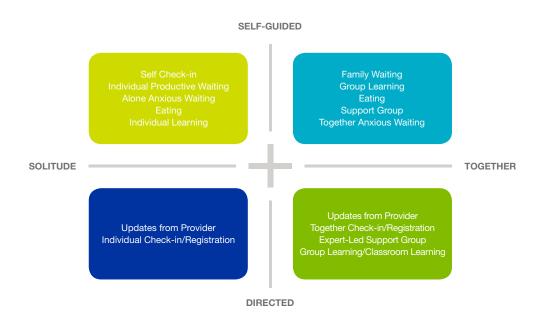
One room: chairs crowded in rows, limited choice

No technology

Few outlets, places for personal devices

Uncomfortable, unappealing

Few diversions



Healthcare journeys are made up of more than moments of care—they include the time spent between care.

During these times, patients and their families are frequently left waiting. Waiting to meet with their care provider. Waiting for a diagnosis. Waiting to receive information or literature. And the places where they wait—whether for minutes or hours—are often uncomfortable and unappealing, putting patients in poor mindsets before they meet with clinicians.

Instead of simply waiting, these times can be put to better, more productive use as places where people can connect with others, absorb information and ready themselves for the next step in the journey.

#### **OPPORTUNITIES**

Productive interlude

Multipurpose space

An ecosystem of settings for a range of preferences and postures

Integrated technology for accessing and sharing information

Support for personal devices

Hospitable, homelike

Teaching/learning options

STEELCASE HEALTH INSIGHTS + APPLICATIONS WAITING PLACES

#### WAITING PLACES KEY INSIGHTS

When designed around people's needs, waiting spaces can help create a better experience by fostering more meaningful uses of time and increasing patient's confidence that they are receiving high-value care.

#### **INSIGHT 1**

# The addition of technology empowers meaningful waiting.

Whether it's used for self-directed check-ins, teaching/learning activities or simply a diversion, technology added to waiting rooms in usercentered ways can create productive, engaging places that connect people and information.

#### **INSIGHT 4**

# People naturally seek separation from strangers and proximity to family while waiting.

Healthcare is intimate. Most people want to put some space between themselves and strangers while they wait, while families like to cluster so they can be close and have privacy.

#### **INSIGHT 2**

# Physical and emotional comfort is important when people are waiting.

Being in unfamiliar situations heightens people's sense perceptions and emotions. Environments that feel hospitable and homelike can help put them at ease and make healthcare seem like a more normal event in their lives.

#### **INSIGHT 5**

#### Active, productive waiting calls for a variety of environments.

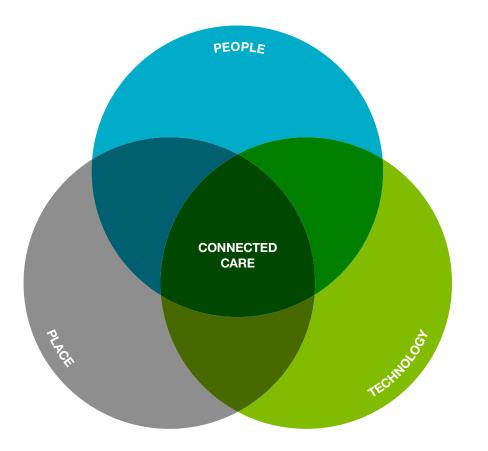
Television, noisy conversations or children at play nearby are distracting for people who want to read, rest or work. One big, open room of chairs supports unproductive waiting, but a variety of spaces and seating options offers flexibility for different needs, providing desirable choices and control of the waiting experience.

#### **INSIGHT 3**

Waiting is an ideal opportunity to educate people about good health.

People in waiting places are often looking for positive distractions. Providing helpful information on health topics helps pass the time while also nudging them toward healthy lifestyles and wellness.

# WAITING PLACES DESIGN PRINCIPLES



# **PEOPLE**

Provide for productive waiting by supporting a wide range of activities

Welcome and host with comfortable settings and amenities

Create areas where family and clinicians can connect without the distraction of strangers

Accommodate people's needs for varying levels of sound and other sensory stimulation

# **PLACE**

Include a variety of settings for patients and family

Provide furniture that supports activities and postures beyond just upright sitting

Offer places that are very calming, through the materials, textures, colors, lighting and views

Optimize real estate with flexible waiting places that can accommodate group learning sessions

#### **TECHNOLOGY**

Provide for technology-enabled learning while people wait

Leverage technology to gather data and connect people to information

Support people's use of personal devices

Anticipate new and emerging technologies with an adaptive infrastructure

#### WAITING PLACES OUTPATIENT CLINIC WAITING PLACE—ACTIVE

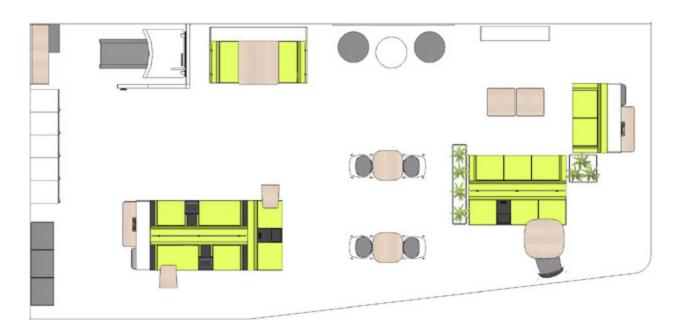
Even simple surgeries can take hours, from prepping to post-event monitoring. For families, this high-stimulation waiting space provides many positive distractions and encourages movement, a proven way to reduce stress.



#### **FEATURED PRODUCTS**

Elective Elements	31
Await ottoman12	24
Walkstation™13	33
Answer panel systems13	31
Campfire Personal Table13	33

Regard	125
Campfire Paper Table	
Enea Lottus tables	
Enea Lottus stools	



Dimensions: 41' x 20'

- 1 Family members can use lockers to store personal items 6 Parents can keep an eye on their children and get some like a jacket, laptop, books or snacks if they need to stay work done if they choose. This seating area is defor the day. (Solution: Elective Elements)
- 2 For kids and adults, there are ottomans to sit on or move around while watching TV. (Solution: Await ottoman) 7 A paper-topped table is a fun place where children can
- 3 Instead of pacing, adults can expend nervous energy productively by using a workstation that's also a lowspeed treadmill. (Solution: Walkstation™)
- 4 To minimize visual distractions and inhibitions, these two active workstations are situated behind panels that provide visual privacy. (Solution: Answer)
- **5** Desk-height tables provide convenient support for laptops or writing materials. (Solution: Campfire Personal Table)

- signed for utility as well as comfort, with conveniently located outlets. (Solution: Regard)
- stay occupied with drawing and coloring. (Solution: Campfire Paper Table)
- 8 High-top tables and stools are inviting places to perch for a snack, play a game or engage in other energizing pastimes. (Solution: Enea Lottus tables and stools)

### WAITING PLACES OUTPATIENT CLINIC WAITING PLACE—WELCOME

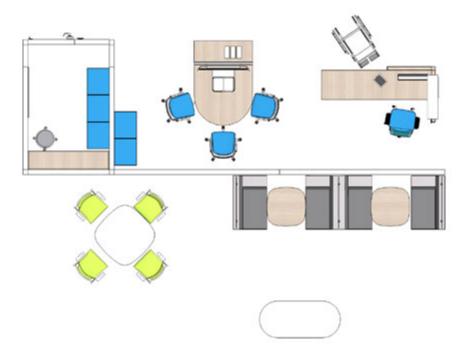
Hospitable and efficient, this welcome area offers high-tech as well as high-touch options and services for patients and their families who arrive for outpatient surgery. A variety of settings creates flexibility for different needs, providing desirable choices and control, and offering meaningful uses of time.



#### **FEATURED PRODUCTS**

Victor2 recycling center	12
Exchange132,	13
Move chair	12
Enea Lottus table	13
Regard	.12

V.I.A	120
Airtouch	133
Think stool	128
media:scape mini	.137
Montage®	.131



#### Dimensions: 47' x 36'

- 1 An attractive recycling center encourages sustainable 5 Having a staff person visible at an open workstation is behaviors and makes a positive brand statement. (Solution: Victor2 recycling center)
- 2 Sit-down and stand-up table options in the café mean people can choose a setting that meets their needs and preferences. (Solution: Exchange, Move chair, Enea Lottus table)
- 3 As a place for tasks as well as refreshment, the café offers booth seating with power at the bench. (Solution: Regard)
- 4 A relocatable wall sets off the open café space, visually and acoustically, and offers flexibility for nurture space and technology hosting needs. (Solution: V.I.A.)

- reassuring and efficient. (Solution: Airtouch, Think stool)
- 6 Patients and families can use technology resources to learn about the upcoming procedure or gain helpful recovery tips. (Solution: media:scape mini)
- 7 A concierge greets people for check-in, but there are also multiple kiosks for those who are more self-directed and prefer to check themselves in. (Solution: Regard, Montage)

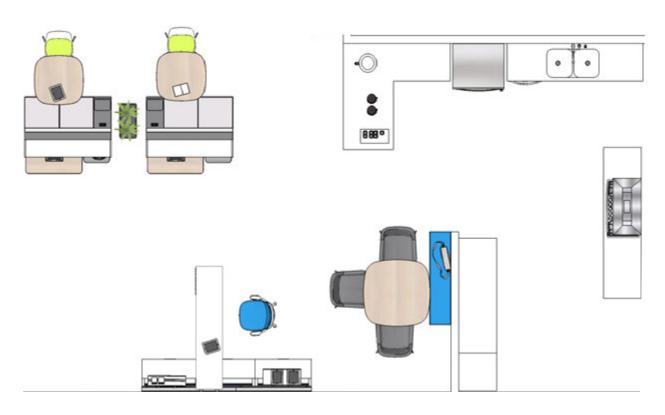
# WAITING PLACES PHYSICIAN'S OFFICE—WELCOME

**FEATURED PRODUCTS** 

More people are seeing their doctors regularly for preventive care, and that means new opportunities to encourage healthy lifestyles and redefine primary care. With a kitchen for cooking classes and a multipurpose room for yoga or other classes, this space opens up new revenue streams for the medical group and builds their brand.



Regard125	cobi stool128
c:scape131	Bindu <sup>™</sup> Seating122



Dimensions: 35' x 21'

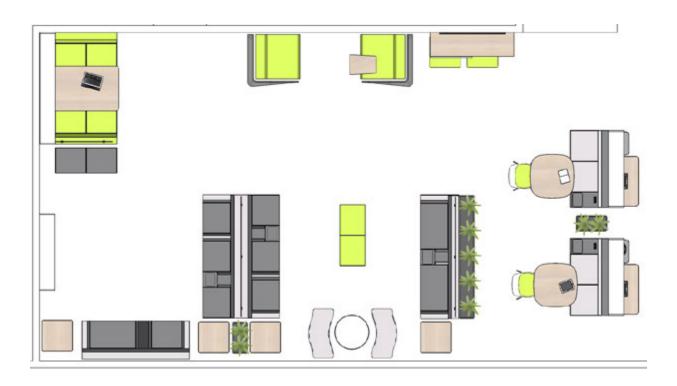
- 1 Patients can also opt to check themselves in or gain health 3 A chair that facilitates easy movement means staff can tips at stand-up kiosks that put them at a comfortable eye level with information and support productive waiting. (Solution: Regard)
- 2 Signing in feels friendly when conducted at an open desk 4 There's a comfortable, casual place to sit down with a instead of behind a barrier window. (Solution: c:scape)
- make eye contact with people in various areas within the space, increasing approachability and responsiveness. (Solution: cobi stool)
  - wellness coach for general consulting or to gain targeted information via a tablet that's provided for use while you're on-site. (Solution: Bindu seating)

# WAITING PLACES PHYSICIAN'S OFFICE—MULTIPURPOSE

Instead of being tethered to the wall in rows of chairs, people here can find separation from strangers and support for productive activities. There are areas to relax, connect and absorb information—the choices are varied and obvious. After office hours, it's a setting for group learning, such as nutrition or prenatal classes.







Dimensions: 38' x 20'

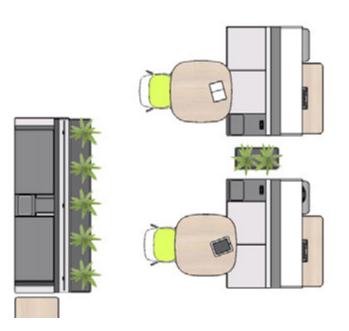
- 1 Lounge seating in a familiar, residential-style configuration 3 Soft-seating benches go with the flow. (Solution: Ripple is bariatric-sized and has the advantage of built-in power bench) access. (Solution: Regard)
- 2 A kid-friendly setting is created by a paper-topped table where children can scribble and draw. (Solution: Campfire Paper Table)
- 4 Movable screens create a getaway place to meet with a health coach or to keep children who are playing away from others. (Solution: Campfire Screen)

# WAITING PLACES PHYSICIAN'S OFFICE—PRODUCTIVE ZONE

For most people today, time is a valuable currency to be used productively instead of wasted doing nothing. This waiting space can be a work setting or a place for a quick meal or snack. A large monitor supports group learning events, adding to its versatility and functionality.







Dimensions: 18' x 16'

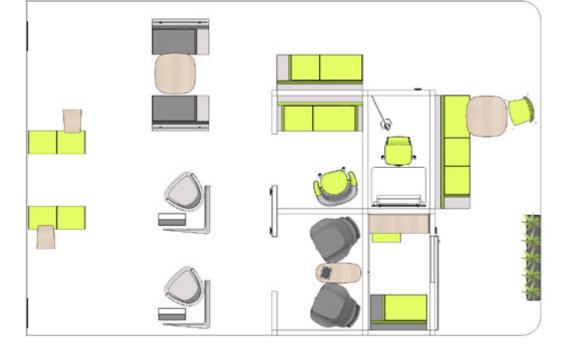
- 1 Desk-height tables and seating that brings power access 2 Comfortable and versatile chairs change a workstation time well spent. (Solution: Regard)
- to the surface are tools that transform empty minutes into into a café setting for conversation and refreshments. (Solution: Enea Lottus chair)

# WAITING PLACES DAY SURGERY WAITING PLACE—PRIVACY

Some people are more introverted than others, and some surgeries have higher risks than others. Privacy spaces recognize this diversity. Adjacent to the surgery area, this is also a convenient place where doctors and families can convene to discuss outcomes and next steps.



# **FEATURED PRODUCTS** ..125 SOTO II Mobile Caddy..... Campfire Screen.....



#### Dimensions: 34' x 22'

- 1 Booth settings support the need for privacy, comfort and 3 Club-style swivel lounge chairs provide physical and togetherness, whether used by a family who's waiting or as a place to consult one-on-one with a surgeon. mind. (Solution: Joel lounge) (Solution: Regard)
- semiprivate personal space where people can be alone for meditation or respite. (Solution: Campfire Screen)
- emotional comfort, soothing the body to soothe the
- 4 Personal devices and belongings can be placed in a 2 Portable screens can be pulled close to define a mobile caddy with a soft liner, so clatter as well as clutter are reduced. (Solution: SOTO II Mobile Caddy)
  - 5 An easy-to-tote table for a laptop or tablet creates an instant workstation. (Solution: Campfire Personal Table)

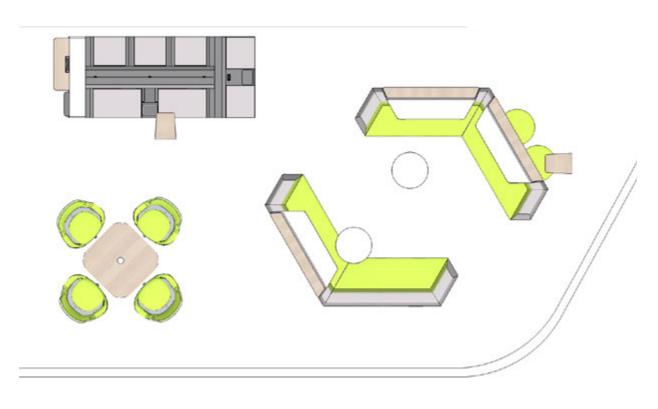
. 122 Campfire Personal Table..... Joel™ lounge.....

# WAITING PLACES DAY SURGERY WAITING PLACE—QUIET

Waiting can be restorative, calming and productive in quiet settings that provide semi-privacy removed from the noise of TVs and other high-stimulation distractions.

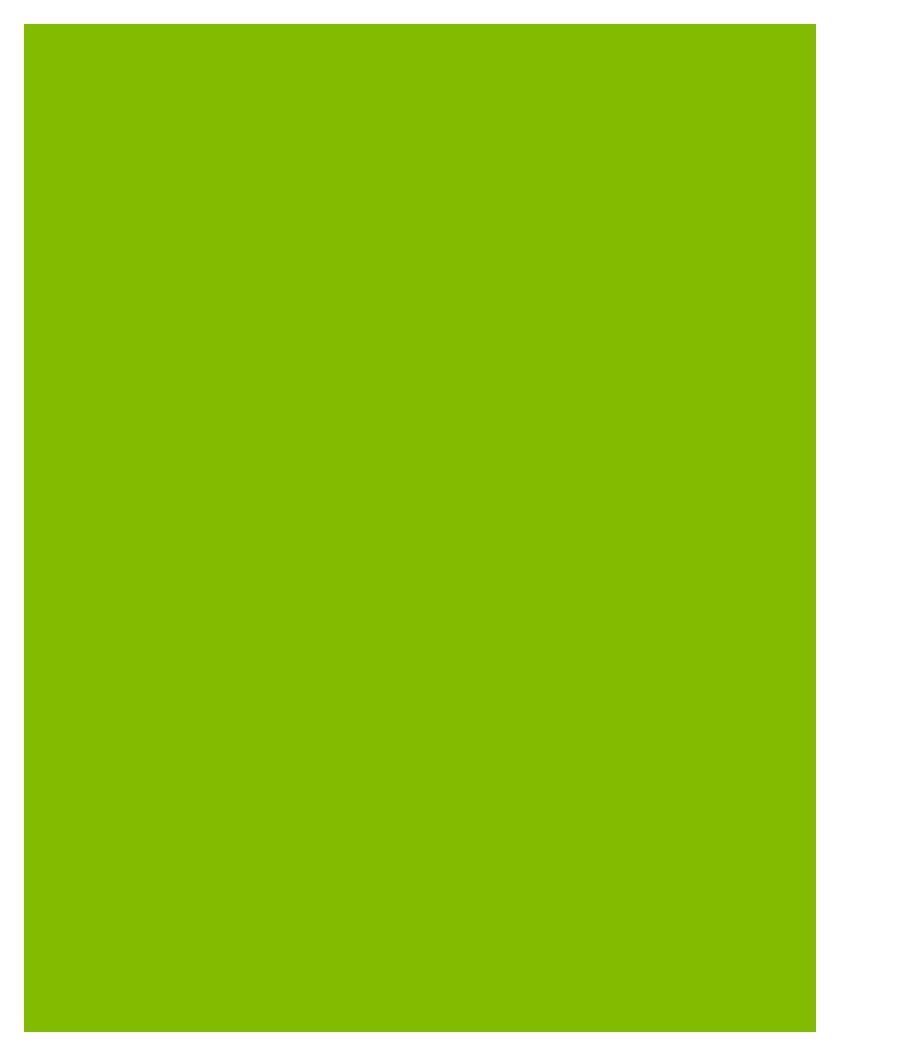


FEATURED PRODUCTS	Regard125	SW_1 chairs
	Campfire Personal Table133	media:scape Lounge125



Dimensions: 37' x 20'

- 1 Seating with conveniently located power outlets is bariatric, 3 Swivel chairs at a table invite calm recreation with others so larger people don't have to seek out special seating. (Solution: Regard)
- 2 Far more flexible than an end table, a pull-up table supports many activities. (Solution: Campfire Personal Table)
- or productive work. (Solution: SW\_1 chairs)
- 4 Parents can converse and keep a close watch on toddlers in a seating island with canopies that shield out stimuli and create a comfortable sense of enclosure while keeping sightlines open to what's going on nearby. (Solution: media:scape Lounge)



# PRODUCT SOLUTIONS

For more information about any of these products go to **SteelcaseHealth.com** and search by product name.

# 1





LED Shelf Light



SOTO Lighting



Underline

# ACCESSORIES TECHNOLOGY



CPU Supports



Eyesite Flat-Panel Monitor Arm



FYI Flat-Panel Monitor Arm



Huddleboard™ Markerboard



Keyboard Supports



Premium Whiteboards



Relay

PRODUCT SOLUTIONS STEELCASEHEALTH.COM 1

# ACCESSORIES WORKTOOLS







Victor 2

# CASEGOODS MODULAR



Folio



Opus



Sonata

# ARCHITECTURAL SOLUTIONS WALLS



V.I.A.

SlatRail

# CASEGOODS FREESTANDING



Ainsley



Davenport



Park



Senza



Viridian



Waldorf

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# PRIVACY SCREENS FREESTANDING

# SEATING BARIATRIC



Campfire Screen



# **SEATING** GUEST



Aspekt



Crew Guest



Bindu



Enea Lottus





Collaboration



Domino



Max Stacker® II



Malibu



Move™



Outlook Empress



Outlook Hawthorne



Outlook Jarrah



Outlook Nikko



Outlook Sequoia



Snodgrass



Sorrel™



Wrapp



X-Stack®

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Alight ottoman



Await ottoman



Bix



Bob



Buoy



Campfire



Circa



Club



Davos



Donovan



i2i



Jenny



Joel



Lagunitas



Leela



Lincoln



media:scape Lounge



Mitra



Neighbor™



Passerelle



Regard



Ripple™



Sieste



Swathmore







Switch



Switch<sup>™</sup> side



Tava

# SEATING PATIENT



Cura

# **SEATING** RECLINERS



Empath



Mineral



Mitra

# **SEATING** SLEEPERS



X-Tenz Sleeper Chairs



Sieste Sleeper Sofa

# **SEATING** STOOL



cobi



Enea Café stool



Enea Lottus Post stool



Kart Caster stool



Lox



Last Minute stool





QiVi



Scoop



Player

Switch stool



Think stool



Verge stool

# SEATING TASK



Amia™



Cachet®



cobi™



Criterion



Jack



Leap®



Reply®



Siento



Think



Uno™



Qivi

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Duo slim storage

Elective Elements

# SYSTEMS + DESKING DESKING



Bivi



Currency



Garland



Tour



Answer



Answer Freestanding



c:scape



Elective Elements



FlexFrame



FrameOne 6



Kick



Kick Freestanding



Montage



Post & Beam



Sync

#### TABLES + CARTS CARTS



Pocket

# TABLES + CARTS CONFERENCE



Convene



media:scape



Exchange<sup>™</sup> Table

E-Table 2



 $Groupwork^{^{\text{\tiny{TM}}}}$ 

# TABLES + CARTS HEIGHT-ADJUSTABLE



Airtouch



Series 7 Height-Adjustable Table



Walkstation

# TABLES + CARTS OCCASIONAL



Calm



Campfire Paper Table



Campfire Personal Table



Holy Day



Malibu



Mitra Drum

# TABLES + CARTS OCCASIONAL (continued)



Outlook



Sidewalk



Soft Leaf



Switch



Trees

# TABLES + CARTS OVERBED



Overbed

# TABLES + CARTS SEATED HEIGHT



Enea Lottus



SW\_1

# TABLES + CARTS STANDING HEIGHT



Enea Lottus



Exchange<sup>™</sup> Table



 $\mathsf{Groupwork}^{\scriptscriptstyle\mathsf{TM}}$ 



ScapeSeries Table

PRODUCT SOLUTIONS STEELCASE HEALTH INSIGHTS + APPLICATIONS GUIDE

# TABLES + CARTS TRAINING



Akira™



Groupwork™



Runner



Simple Tables



Train™

# **TECHNOLOGY**



eno® Interactive Whiteboards



media:scape



media:scape mini



media:scape TeamStudio



RoomWizard

PRODUCT SOLUTIONS STEELCASE HEALTH INSIGHTS + APPLICATIONS GUIDE 137