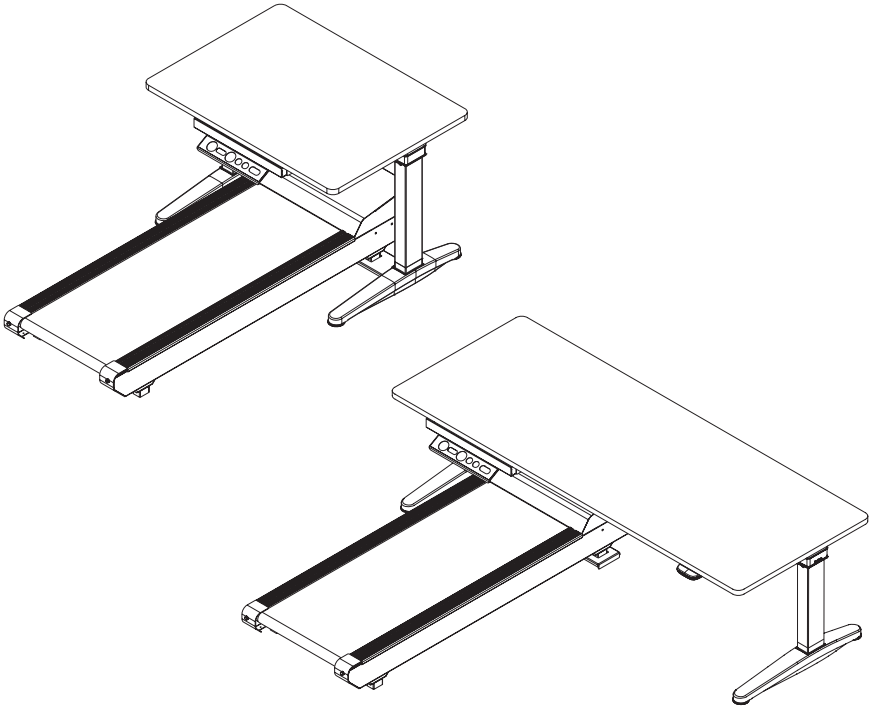


Steelcase



USER GUIDE

Ology™ Walkstation

treadmill and console

Important safety information included.
Save and keep with desk.



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WARNING

RISK OF PERSONAL INJURY

When using the Walkstation, basic safety precautions should always be followed, including, but not limited to the following:

- Read and understand all instructions and warnings prior to use.
- Read, understand, and test the emergency stop procedures before use.
- Moving surfaces are potentially hazardous.
- Inspect the treadmill for incorrect, worn, or loose components, and do not use until corrected, replaced, or tightened prior to use.
- Due to risk of electrical shock, the motor compartment should be opened only by qualified service personnel.
- This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep animals and children under the age of 13 away from this machine.
- Always use the Magnetic Safety Key/Clip and attach it to your clothing at waist height.
- Remove Magnetic Safety Key/Clip when not in use and store out of reach of children.
- Do not exceed maximum user weight of 350 lbs.
- Cease exercise if you feel faint or dizzy.
- Keep clothing and accessories clear of all moving parts.
- Do not place any object(s) on or underneath the treadmill belt, even when unit is not in use.
- Do not cover treadmill control panel (user interface).
- Keep the treadmill belt clean and dry.
- Keep treadmill feet securely nested in openings in the treadmill receiver.
- Use caution when stepping onto or off a moving belt.
- Always unplug this furnishing from the electrical outlet before cleaning or servicing.
- Ensure that power cords for all accessory items – computer, lights, monitors, etc. – are of sufficient length to reach outlets throughout the range of worksurface height adjustment. Do not subject the cords to any strain while adjustment of the surface is taking place.
- Always check for proper operating clearance before placing any item on, above or below the worksurface.
- Replacement warning labels are available if needed. Please contact your Steelcase dealer.

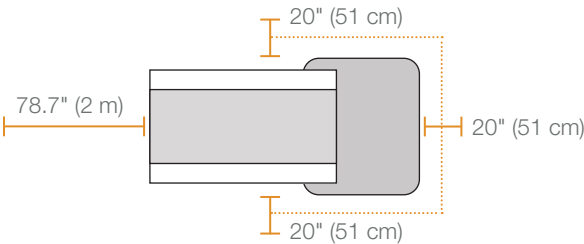
ORIENTATION AND SPACE PLANNING

Visit [Steelcase.com](https://www.steelcase.com) Planning Ideas for Walkstation planning ideas.

Placement and orientation of the Walkstation are critical to ensuring that users feel the right balance of privacy and accessibility as well as safety.

- Do not place in heavy traffic aisles.
- Recommend if placed on a carpeted area, consider non-plush materials. If there are plush, heavy-shedding materials, consider placing an underlayment underneath the treadmill, to reduce dust and fibers from accumulating inside the motor compartment.
- Consider adding screens around the Walkstation to create visual boundaries and privacy for the user.

Maintain minimum recommended clearances shown below, based on ASTM F1749-15 (2020) – Standard Specification for Fitness Equipment and Fitness Facility Safety Signage and Labels.



ERGONOMIC TIPS

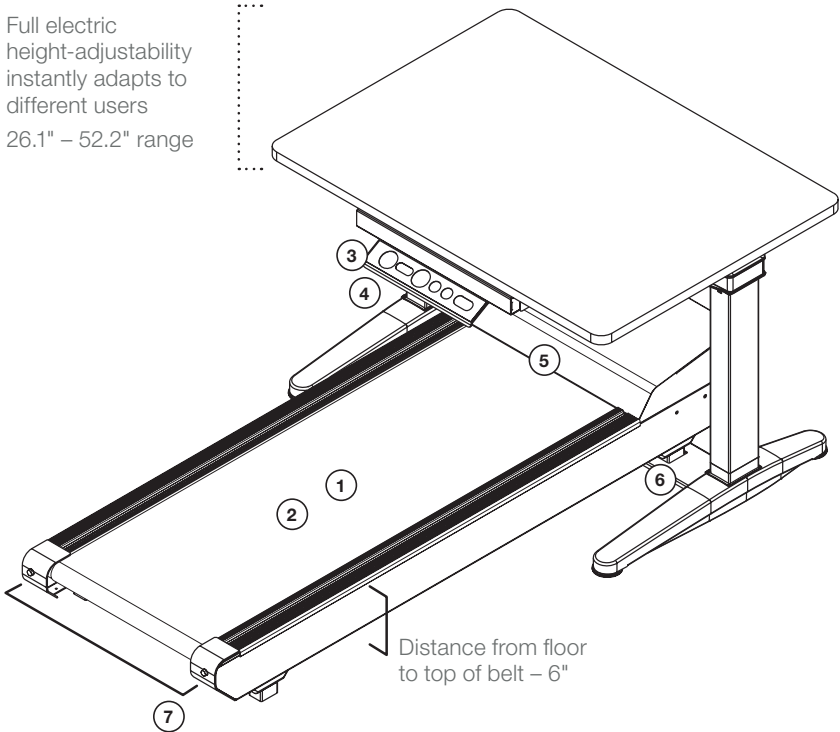
ERGONOMIC TIPS FOR HEALTHY WORKING AND WALKING

- Remember to maintain an active upright walking posture.
- Do not look behind you while unit is in operation.
- Body orientation should be centered and forward facing at all times.
- Adjust the monitor to your eye level and 18" – 23" away from your face.
- Your keyboard should be at elbow level with your wrist in a neutral position.
- Place your mouse at elbow level near your keyboard.
- If using a listening device while operating the Walkstation, it is strongly recommended to use one that is hands-free.
- Wear comfortable, closed-toe shoes that provide suitable support for walking.
- Keep items within close reach.

FEATURES

1. Commercial-grade treadmill with maximum speed of 2 mph in 0.1 mph increments and no incline adjustability
2. Patented Soft System® surface with Neoprene shock absorbers in front third of the deck
3. Stowable digital display and control panel (user interface)
4. Magnetic Safety Clip
5. Quiet high-torque motor
6. Treadmill receiver plate
7. Roller adjustment bolts for treadmill belt tension

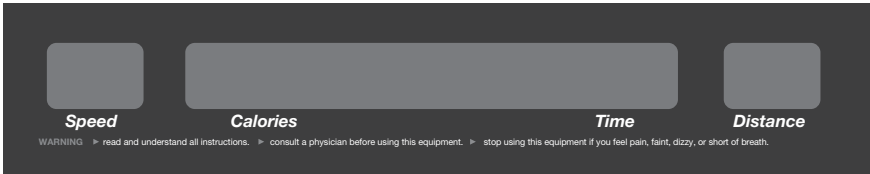
Full electric height-adjustability instantly adapts to different users
26.1" – 52.2" range



CONTROL PANEL (USER INTERFACE) SPECIFICS

CONTROL PANEL DISPLAY

- **Speed:** Miles per hour in 0.1 increments (2 mph maximum)
- **Calories:** Estimated total calories burned based on user input of weight
- **Time:** Time elapsed in your session
- **Distance:** Miles traveled in 0.01-mile increments



CONSOLE KEYPAD

- = Magnet for Magnetic Safety Clip
- **Start:** Starts the belt and begins the session
- **Speed:** Press the **-** button to decrease speed
Press the **+** button to increase speed
- **Stop:** Stops the belt and pauses session
If held for 3 seconds, resets all session information
- **Enter:** Accepts session parameters
- **Desk Height:** Adjusts the desk height up/down



USER INSTRUCTIONS

STARTING THE WALKSTATION

 **WARNING:** Review all precautions prior to using the Walkstation.

When ENTERING the workstation area, and before operating the walking platform:

- Ensure that the walking platform switch is in the **ON** position but belt is **not moving**.
- Straddle the walking platform belt by standing on stationary side straddle covers, and adjust the worksurface to desired height.
- Never adjust the worksurface height while walking platform is moving.
- Attach the magnetic safety clip to your clothing near the center of your body, just below worksurface level; attach other end to the magnetic receiver on the console keypad.
- For your personal safety, the magnetic safety clip must remain attached to your clothing while the walking platform is in operation.
- Use  and  to adjust setting to your proper weight. Press **ENTER**.
- Press **START**. The treadmill will beep three times and then start at 0.3 mph. To adjust speed, use **FAST**  and **SLOW**  buttons.

EXITING THE WALKSTATION AREA

- Do not allow walking platform belt to remain running while workstation is unoccupied.
- Stop the walking platform by pushing the **STOP** button on console keypad.
- Wait for the belt to stop moving.
- Remove magnetic safety clip from your clothing and exit the workstation.

HEIGHT ADJUSTMENT CONTROLLERS

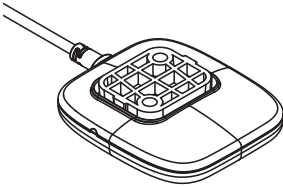
For sit-to-walk models only, 70"W or 76"W.

Note: Active Touch controller is not compatible with the Ology Walkstation.

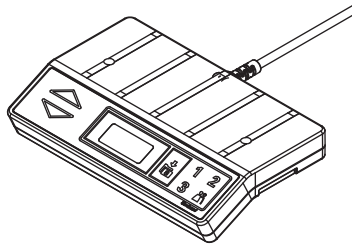


The Simple Touch Controller or the 4 Preset Programmable Controller can be used. *Refer to Ology User Guide for operating instructions.*

Simple Touch Controller



4 Preset Programmable Controller



ODOMETER

The Walkstation keeps track of your total distance walked and estimated calories burned. It does so in three ways:

- **Normal Accumulation in the Display:** While you are walking, the display shows distance and calories. If you pull the magnetic safety clip or press and hold the **STOP** button to reset the Walkstation, the distance and calories will reset.
- **Session Odometer Function:** You may be on and off the Walkstation many times each day but still want to keep track of your distance and calories for that day (or that week). The session odometer function will work for this purpose, by displaying accumulated distance and calories.
 - **To view the session odometer:** While the Walkstation is running, press the **ENTER** button.
 - **To clear the session odometer:** While the Walkstation is running, press and hold the **ENTER** button.
- **Overall Odometer:** The Walkstation also has an overall odometer function, which can be used for longer periods of time such as several months.
 - **To view the overall odometer:** While the Walkstation is prompting for weight, such as at the beginning of a session, press the **STOP** and **+** buttons simultaneously.
 - **To clear the overall odometer:** While the Walkstation is prompting for weight, press the **STOP** and **+** and **-** buttons simultaneously.

CREATE A DEDICATED USER PROFILE

The treadmill ships ready for public use, allowing the weight to return to the default after each user. To save the weight for a private user, follow these steps to enter **ENGINEERING MODE**: (It may be easier if you have two people):

1. Turn off the treadmill.
2. Press and hold **STOP, SPEED -** and **SPEED +**.
3. While still holding the buttons, have someone else turn the treadmill back on. It may take a couple of seconds, but display will read **“ENGINEERING MODE.”**
4. Press **ENTER** twice or until display reads **“WEIGHT 150.”**
5. Press **SPEED +** to toggle the display to read **“WEIGHT SAVED.”**
6. Press **START** to save the change. Display will read **“SAVED.”**
7. Press **STOP** to exit **ENGINEERING MODE**.

After completion of these steps, the treadmill will be back in normal operation mode. The next time the user enters a weight, it will be saved for each use.

MAINTENANCE

MAINTAINING YOUR TREADMILL

Your treadmill is constructed of quality materials and manufactured to provide many years of faithful service. Simple routine cleaning and a preventative maintenance program will extend the life of your treadmill.

⚠ WARNING: To prevent electrical shock, always unplug this furnishing from the electrical outlet before cleaning or servicing.

TREADBELT ADJUSTMENT

Your treadmill's running belt has been properly aligned at the factory. However, when the treadmill is used on an uneven surface, please follow these instructions:

- Stand beside the treadmill, place the Magnetic Safety Clip onto the display console and follow operating instructions for running the treadmill at 2 mph.
- If the belt is off-center to the right, turn the left roller adjustment bolt counterclockwise $\frac{1}{4}$ turn. If the belt is off-center to the left, turn the left roller adjustment bolt $\frac{1}{4}$ turn clockwise.
- Let the machine run for several minutes to check the alignment. (Belt alignment does not need to be perfect.) If more correction is needed, turn the adjustment bolt $\frac{1}{4}$ turn and check again.

TREADBELT TENSION

Turn both rear roller adjustment bolts counterclockwise until Treadbelt just begins slipping when walking on it; then turn both rear roller adjustment bolts clockwise in equal $\frac{1}{4}$ turn increments until the Treadbelt stops slipping.

Note: Be sure to walk on Treadbelt to ensure that the Treadbelt does not slip while under load.

TREADBELT CALIBRATION

- Hold down **ENTER** and **STOP** while applying magnetic safety clip to magnet on keypad. Unit will say **CALIBRATION**.
- Press **START**. Machine will speed up, say **"WAIT"** and then say **"SUCCESSFUL"**.
- Remove Magnetic Safety Clip and reapply; then use as normal.

TREADBELT LUBRICATION

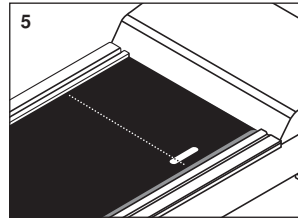
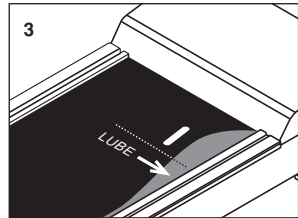
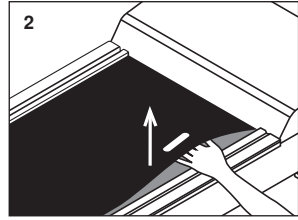
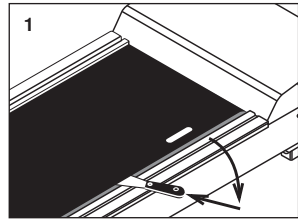
For average use of your treadmill, we recommend you lubricate under the Treadbelt once per year. For heavy use, which is more than 10 hours per week, we recommend that you lubricate every six months.

Note: Steelcase recommends using only Steelcase-provided liquid silicone lubricant, part number 005723DSR, available from your local Steelcase dealer.

Maintenance continued

Lubrication Instructions:

1. Lift the edge of the wide black Treadbelt off the flat surface underneath, with the help of a butter knife or a small putty knife. Be sure to avoid damaging the Treadbelt. (see Fig. 1)
2. Once the Treadbelt is lifted, place one hand fully under the Treadbelt, and lift with enough pressure to create clearance between the belt and the surface below. Start as close to the motor housing (front of treadmill) as possible. (see Fig. 2)
3. With the lubricant (Steelcase part number 005723DSR), draw a straight line out from the centerline of the Treadmill to the edge, on the flat surface underneath the Treadbelt. (see Fig. 3)
4. Move to the other side of the treadmill, and repeat steps 1–3.
5. There should now be a continuous bead of lubricant on the flat surface under the Treadbelt, all the way across the width of the area where the Treadbelt makes contact. This should consume one full tube of lubricant. (see Fig. 5)
6. Now, turn on the treadmill and walk on it for several minutes. The action of the belt moving will smear the lubricant over the contact surface and the belt. Please note that it may take a couple of days of normal use for the large belt to become fully lubricated. Repeat the lubrication process as required.



CARE AND CLEANING

⚠ WARNING: To prevent electrical shock, always unplug this furnishing from the electrical outlet before cleaning or servicing.

Important: *Do not clean or wipe under the walking belt.*

Cleaning Your Treadmill:

- **Daily:** Wipe moisture from the control panel (user interface) and treadmill surfaces if needed.
- **Weekly:** You should wipe down your treadmill once a week with a soft, water-dampened cloth. Be careful not to get excessive moisture between the edge of the overlay panel and the console, as this might create an electrical hazard or cause the electronics to fail.
- **Monthly:** Clean dust and dirt that might accumulate under and behind your treadmill once a month. Small rubber particles from the soles of walking shoes will accumulate alongside the belt and also behind the unit.
- **Expert Service:** Expert service and maintenance at a reasonable cost are available through an authorized Steelcase agent. Contact your local Steelcase dealer for service.

MAINTAINING THE HEIGHT-ADJUSTABLE TABLE

Refer to Ology User Guide



TROUBLESHOOTING

SYMPTOM	POTENTIAL CAUSE	POTENTIAL SOLUTION
Circuit breaker on treadmill trips when the power cord is plugged in to wall	Restricted belt or flywheel	Check and remove obstruction or call dealer.
	Treadbelt over-tensioned	See page 09 for treadbelt adjustment information.
	Damaged motor	*Service required.
	Damaged or defective motor power supply board	*Service required.
	Damaged motor control circuit board	*Service required.
Computer display LEDs do not illuminate	Control Panel wire harness not connected or not completely connected	Check that upper wire harness is connected completely.
	No power to treadmill	Restore power at electrical outlet or reset circuit breaker if in on/off position.
	Circuit breaker trip	Reset circuit breaker.
Treadbelt tracks left to right	Uneven floor	Move treadmill to even surface or level with shims. See page 09 for treadbelt adjustment information.
	Rear roller not properly adjusted	See page 09 for treadbelt adjustment information.
	Treadmill feet not seated properly in treadmill	Move treadmill feet so both are seated through holes in treadmill receiver plate.
Treadbelt feels unsmooth, jerks intermittently	Object between belt and deck	Remove object between belt and deck.
	Object under belt	Remove object from under belt.
	Loose treadbelt tension	See page 09 for treadbelt adjustment information.
	Loose tread motor drive belt	*Service required.
Squeaking noise while using the treadmill	Treadmill feet not seated properly in treadmill receiver plates	Move treadmill feet so both are seated through holes in treadmill receiver plate.
	Poly v-belt slipping	*Service required.
	Motor brush noise excessive	*Service required.
Treadmill does not turn on	Unit and table aren't plugged in to a working electrical outlet	Restore power at electrical outlet or reset circuit breaker if in on/off position.
	Insecure cable connections	Secure cable connections.

*Service to be performed by an authorized service provider.



This equipment has been tested and found to comply with the limits for a Class A digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference when the equipment is operated in a commercial environment. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instruction manual, may cause harmful interference to radio communications. Operation of this equipment in a residential area is likely to cause harmful interference in which case the user will be required to correct the interference at his own expense.

Note: Changes or modifications to this product not authorized by Steelcase Inc. could void the electromagnetic compatibility (EMC) and negate the user's authority to operate the product.

Steelcase®

Visit [steelcase.com](https://www.steelcase.com)

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159872 Rev. B