



3-way adjustable arm rests
(forward/back, side-to-side, up and down)
Press button to adjust arms.



height adjustable lumbar
Place hands on left and right sides to glide up or down.



seat depth
Lift lever and hold, slide seat forward or back, and release lever to lock.



width adjustable arms
Push lever down and move arms in or out, pull lever back up to lock.



back tension
Controls resistance to body weight.
Turn knob forward for more resistance and backward for less.



seat height adjustment
To raise the chair, lift your body weight and pull lever up. To lower the chair, stay seated and pull lever up.



back lock
Multi-position locking mechanism
Rotate knob to lock or unlock.