<u>Design</u>

Place of Pride

Special Olympics Michigan partnered with Steelcase to create spaces designed for a first-of-its-kind inclusion center.

Read 9 mins

"The point of this building is to highlight ability," says Jen VanSkiver, chief officer of strategic growth for Special Olympics Michigan (SOMI), which provides year-round sports training for children and adults with intellectual disabilities. She's also a mom to Special Olympics athlete, Claudia. Jen is leading a team that's turning a former high school, piece-by-piece, into the largest Special Olympics training and sports center in the world. SOMI Unified Sports & Inclusion Center is the first of its kind for Special Olympics, using a collaborative model to bring together nine nonprofits dedicated to disability inclusion.

"Every tenant has their own space. But the collaborative magic will happen in the common areas when we bump into each other while using meeting, breakout and cafe spaces. We're creating a centralized place where people with intellectual challenges can access all the resources they need to work, learn, play and grow their contributions to the community," says Jen. Steelcase worked with SOMI, architectural firm Mathison & Mathison, Steelcase dealer Custer and SOMI's other partner organizations to innovatively design those community spaces.

NOTHING ABOUT US WITHOUT US

"When we approached this project, we wanted to engage as many people as possible who will use the center's shared spaces. We didn't want to just design for this community. We needed to design with them," says Kamara Sudberry, Steelcase inclusive design leader.

"We've embraced inclusive design as a process. Inclusivity is the outcome."

KAMARA SUDBERRY | Steelcase Inclusive Design Leader

Claudia VanSkiver, Jen's 22-year-old daughter and a Special Olympics basketball player, is one of the many people already taking advantage of the center. Claudia has an undiagnosed cognitive disability, describing herself as taking more time to learn and process new information and needing help to make a plan. "I have so much to give. I see the best in everyone and believe that once they get to know me, they see the best in me too," says Claudia.

Her love for basketball started in 8th grade when in her first game she found herself center court with the ball in her hands in front of hundreds of raucous fans. "I assumed she was going to shut down. I wanted to rush in and save her," Jen says. But then Claudia took two dribbles, and made a basket. "Instead, it was like an ignition switch turned on. She has always been amiable and lovable. But sports gave her the confidence and drive to become a leader pursuing not only a passion, but a full and productive life."

"The absolute best part about basketball is how it feels when the whole audience is cheering," says Claudia. "It makes me feel powerful. I don't think negative thoughts. Basketball makes me feel like I am the best at something. And I love helping my teammates also feel that way."

EQUITY NOT EQUALITY

Showcasing diversity of ability and the pride Claudia found in basketball is a big part of what SOMI wants everyone to experience in the new space. Steelcase Applied Research and Consulting and the Interiors Exploration + Marketing Design Studio hosted and facilitated design discovery exercises and workshops, and conducted surveys and interviews to hear directly from people who use the space. They expanded beyond leaders and design professionals to include athletes, volunteers, guests, families, community members and more.

Entry concept: Furniture placement holds space for people who use a wheelchair or mobility devices to be immersed with their peers. Arched seating with optional high back improves sightlines and provides a backdrop of communication (ex. sign language) and privacy, and movable lounge pieces allow for flexibility.

A project like this has never been done before. Everyone is approaching it with a humble mindset. As more people are included in the design process, learning accelerates. While many workplace designs seek equality — giving everyone the same thing — that approach doesn't provide an inclusive experience because people have such different experiences. Instead, designers striving for equity create curated experiences that make people feel included and provide them with accommodations they need.

"The inclusive design process is a game changer. Our special needs community has, for so long, been required to adapt itself to a broader society that never fully considered us," says Jen. "Our environment will showcase how thoughtful spaces can unlock, highlight and spur all ability levels."

"This will be a place that sets a new standard not just for Special Olympics or even the special needs community. The standard set here is for everyone, everywhere."

JEN VANSKIVER | Special Olympics Michigan

The project included a wide range of perspectives, experiences and types of disabilities. The team asked each organization to identify representation from the communities they serve to participate in the process. They sent pre-read documents and images ahead of each session to give people an opportunity to consider and review. They added alt text to every image (image descriptions that are read aloud by screen readers), contracted a sign language interpreter, provided in-person and virtual sessions, and over time, built trust and relationships so people were comfortable opening up.

Breakout spaces concept: Acoustic tiles applied to the wall help dampen sound, important for those who might get over-stimulated or struggle to isolate voices. Lounge seating serves as a landmark while chairs and personal tables can be moved as needed. Shielded spaces allow for individual privacy or small private group conversations.

"Sometimes it was what people said or put in the chat that made an impact during the sessions. But sometimes it was what we observed," says Meg Bennett, Steelcase global design principal. "Often people create workarounds and by seeing how they navigate space, we can be more inclusive by recognizing and addressing barriers that keep people from fully participating."

DESIGNING FOR INCLUSIVITY THEMES

Each shared space will be different and no one space or product can be labeled inclusive without understanding what intentional steps were taken toward inclusivity. There are, however, key design themes that emerged during the inclusive design process.

- 1. Create a place where people feel welcomed, comfortable and proud. ("We are helping all kinds of people understand our unique abilities when they visit," says Claudia.)
- 2. Create multiple ways of signaling how to use a space. (e.g. immovable landmarks for orientation, placement consistency for things like outlets, materials to define space, and a variety of wayfinding elements)
- 3. Provide flexible furniture that allows for a range of activities where everyone can be included.
- 4. Use materials that enable better visual, acoustical and mobility conditions.

Collaboration café concept: Smaller sheltered settings provide visual and acoustic respite for those who need it. Tables with a pedestal base provide ease for approach. Acoustic forms used as a barrier can be reconfigured or removed.

Designers included additional considerations as well as they developed community concept spaces.

Acoustics + Shielding

Loud open spaces can be difficult for anyone, especially those who might need to avoid overstimulation or are hard of hearing and struggle to isolate voices. Acoustic screens and wall tiles can help absorb sound and reduce echoes.

Screens and shielding help limit visual distractions and provide backgrounds and privacy for personal conversations (verbal or sign language). Select colors and materials that provide a solid background and work well across different skin tones. Avoid washing people out so that everyone feels seen and understood.

Circular Configurations

Arrange furniture in a way that maximizes eye-to-eye contact. Find ways to "hold space" for people who use wheelchairs and mobility devices so they can feel fully immersed in the experience. Tables with pedestal bases provide ease to approach and move around the space as well.

Fixed and Flexible Furniture

Large fixed furniture pieces can define and anchor a space which provides a consistent way to navigate the environment for blind or low vision community members. However, the weight of furniture restricts movement when change is needed. Balance between flexibility and consistency to support all needs along with the demands of the space.

Orangebox Away from the Desk provides a large lounge setting to anchor the space. A tall screen shields a smaller seating area which can be more easily reconfigured if necessary.

Range of Seating

A range of seating heights enables everyone to share a space together. A variety of seating widths gives people choice. Also, consider density of foam and arms, as a firmer sit reduces difficulty in standing from a seated position, and arms aid in transitions from a wheelchair or mobility device, or from sitting to standing. Castors provide more flexibility, but limit stability and one's ability to independently balance.

Range of Tables

Standing-height tables are typically inaccessible to people with physical and mobility concerns. However, seated-height tables can also be too low for some people who use wheelchairs or have mobility concerns. Offer tables with a range of heights and/or height-adjustable tables within the same space. Also, consider using pedestal bases to make it easier to maneuver through space and rounded shapes to keep all sides of the table accessible.

Writable Surfaces

Writable surfaces encourage community connection and provide location markers and directions to make wayfinding and navigation more accessible. Vertical marker boards are more accessible to people who use mobility devices or anyone of varied height. Boards with a darker background provide contrast for viewing and reading materials. Consider using magnetic boards so braille magnets (which can include letters or numbers) can be used on them.

Access to Power

Consider how power is accessible in a space. Do people have to strain to grasp a cord under a table that's right out of reach? Easily reachable, integrated or mobile power solutions support more people comfortably.

INVESTING IN PEOPLE

"Space has the ability to empower people. This is about valuing human potential. Steelcase is helping us say to the world: 'There's so much potential here,'" says Jen. "And if we can do it here, think of what we can do for everyone."

The inclusive design process has made an impact at Steelcase too. "You can't unlearn empathy. Once you learn from someone, once they are willing to share their experience with you, that knowledge builds and has an effect on all of the work we do," says Meg.

The impact of this project will be felt well beyond the walls of the center. Not only will it make a difference for the people who use the space and in the surrounding community, what's being learned will be able to be applied to any organization working with Steelcase or the center's non-profits moving forward.

"This space is a hub for people who aren't always seen or considered because they aren't always known. When you do that, you shut yourself off as a company or institution from a whole group of people who can make a tremendous impact," says Jen. "We didn't know how profoundly we'd be changed through this process. We needed the expertise of people who live in built spaces to understand the things we didn't even know to ask."

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